

BULLETIN

- WRCC -

World Rowing Coastal Championships

2021

**world
rowing®**



*coastal championships
& beach sprint finals*



**Oeiras
Portugal**

oeirascoastalrowing.com





WRCC Bulletin

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FPR
FEDERAÇÃO
PORTUGUESA
DE REMO



**JOGOS
SANTACASA**
PATROCINADOR PRINCIPAL

Message from the President

WELCOME



Luís Ahrens Teixeira
President of the Portuguese
Rowing Federation

Dear Friends,

For the Portuguese rowing association (Federação Portuguesa de Remo) it is not enough just state that Portugal is a country of seafarers with a relationship with the sea dating back to the beginning of its history.

We believe that we must embody this relationship.

It is with immense pride, honor and a sense of responsibility that we welcome the task to organize this landmark event for the history of rowing in Portugal.

We look forward to welcoming the global rowing community to the Portuguese waters.

Our wish is that everyone joining is able to experience the magnificent conditions of Praia da Torre in Oeiras, and able to do so within the true spirit of sportsmanship, and that, together, we enjoy the sea and leave a legacy of respect for the environment and the Oceans.

In the end, we are certain that everyone will realize how privileged we are for being able to share our sport and our beliefs in such an idyllic setting that we wish to safeguard and divulge.

Sincere wishes for a competitive and fun championship.

Luís Ahrens Teixeira




OEIRAS
VALLEY
PORTUGAL
—
MUNICÍPIO DE
OEIRAS

Message from the Mayor of Oeiras

WELCOME



Isaltino Morais
Mayor of Oeiras

Dear Participants,

Welcome to the municipality of Oeiras!

It is with great pleasure that we host and support the 2021 World Rowing Coastal Championships and Beach Sprint Finals between the 24th September and 3rd October at Praia da Torre.

This event has not only demonstrated in previous activities its potential for promoting sports and tourism, but it's also in alignment with the municipality's strategic plan of boosting Oeiras' coastline seafront.

Situated in the Lisbon metropolitan area and in harmony of Costa do Estoril's coastline, Oeiras is a dynamic and entrepreneurial municipality council

where history, culture, business, science, sport and leisure are combined in a sustained manner, creating a series of singular attractions which we are very proud of.

I would like to praise the Portuguese Rowing Federation on the initiative to take this endeavour and the commitment in organizing this worldwide event, which will credit our country, and naturally, wishing FPR all the success.

I am certain that it will be a week of intense competition but also of confraternization and fair play.

Wishing a good competition to all and we hope you enjoy Oeiras, leaving us with the wish to visit again.

Isaltino Morais

ORGANIZING COMMITTEE



Luís Ahrens Teixeira
Race Director

President of the Portuguese National Federation and a former International Rower. His passion for the sea made the birth of coastal rowing races inevitable in Portugal



Joana Freire
General Secretary

With experience in organizing major international events and with complete confidence in the extraordinary team for this race.



José Velhinho
Course Management

Rower, National Coach, diver and sailor. The sea is in his nature and he will prepare the most beautiful course you have ever seen.



Manuel Pita
Beach Management

Unstoppable and tireless. The beach will be the party center and he has every intention of making it unforgettable.



Sérgio Manso
Athletes Services

Have you ever heard of Portuguese hospitality? Sérgio is ready to welcome you and help in every way possible.



Felisbela Fonseca
Volunteering and Sustainability

Sustainability is not a trend, it is her way of life. The objective is simple, to have the greenest coastal rowing event ever.



Filipe Mendonça
Media and Communication

Determined to make sure you know everything about these World Championships and record every moment with the same enthusiasm with which you compete.

ORGANIZING COMMITTEE

General information

OEIRAS



The Oeiras municipality is part of the Lisbon district and its metropolitan area, with 9 km of river front where the Tagus River flows into the Atlantic Ocean. Oeiras is also known as “Europe’s Silicon Valley” due to the large number of multinational companies based in this location.

In Oeiras you can find one of the oldest national sport complex, the Complexo Desportivo do Jamor, which welcomes the greatest Portuguese athletes from different sports categories. Here, the

athletes can live, study, and train in the same location.

The World Rowing Coastal Championships will take place in Praia da Torre (“Tower beach”) which is recognized by its sea water quality and has been awarded a blue flag. This eco label award ensures the sea water is analyzed regularly and acknowledges the excellent quality of the water.



Weather Forecast

During the week of the event, the following weather conditions are expected:

 **17° - 20°c**
Average air temperature

 **18°c**
Water temperature

 **2.5m/s - 4.5m/s**
Average wind speed

 **SE and NE**
Typical wind direction for October

 **07:30 hrs**
Sunrise

 **19:30 hrs**
Sunset

 **80% - 90%**
Average humidity

 For tidal Information, choose Lisbon Port
www.hidrografico.pt/m.mare

Competition Venue

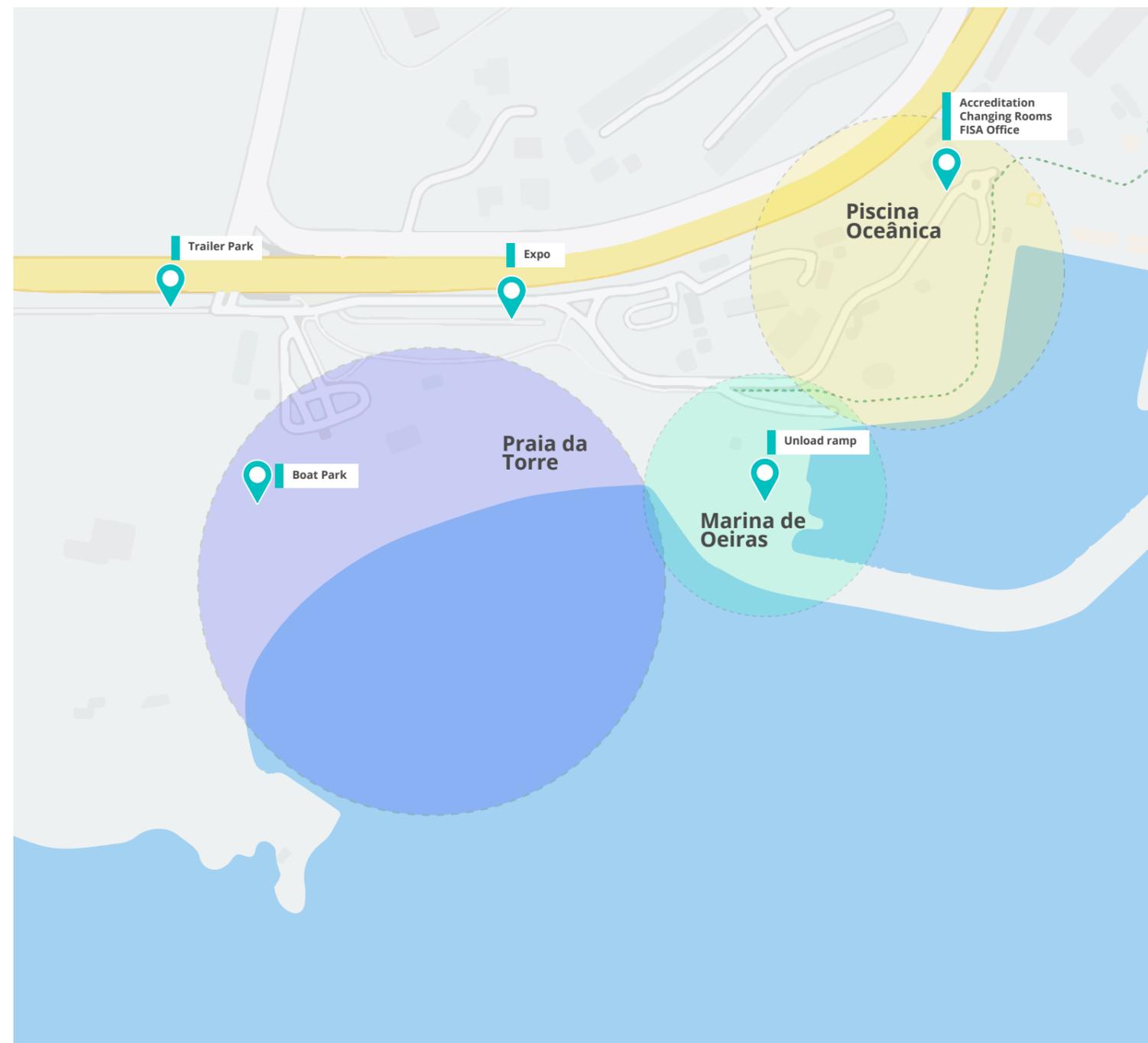
LOCATION



Praia da Torre

Awarded a blue flag due its sea water quality

The World Rowing Coastal Championships will take place in Praia da Torre ("Tower beach") which is recognized by its sea water quality and has been awarded a blue flag. This eco label award ensures the sea water is analyzed regularly and acknowledges the excellent quality of the water.



Praia da Torre is a sandy beach with a 1.8% slope with a rolling wave break approximately 20m from the waters edge. The east end of the beach can with a southerly swell create a heavy wave.

Venue Address:

Praia da Torre,
Passeio Marítimo de Oeiras,
278-267 Oeiras, Portugal

<https://goo.gl/maps/e9EARmKyTqyPnjcF7>

Competition Information

PROGRAMME WRCC

Day	Activity	Location
Tuesday, 28 th September	Registration & Accreditation / 09:00-17:00 Training / 09:00-17:00	Piscina Oceânica Praia da Torre
Wednesday, 29 th September	Registration & Accreditation / 09:00-17:00 Training Sessions	Piscina Oceânica Praia da Torre
Thursday, 30 th September	Captains Meeting / 08:00 Heats Round 1 and Round 2 / 09:00-17:00	Univ. Nova Carcavelos Praia da Torre
Friday, 01 st October	Heats Round 2 and Finals B / 08:00-17:00 Finals A and Finals B / 08:30-17:15	Praia da Torre Praia da Torre
Saturday, 02 nd October	Medallist Reception / 18:45 Closing Ceremony / 19:00	Praia da Torre Praia da Torre
Sunday, 03 rd October	Reserve day	

Competition Information

EVENT CATEGORIES

Men: CM1x | CM2x | CM4x+
Women: CW1x | CW2x | CW4x+
Mixed: CMix2x



Competition Information

ENTRIES

Entry by Boat and Name – due by Thursday 02 September 2021 to World Rowing

Entries are encouraged from both clubs and national team crews, in line with the eligibility requirement that 'a rower shall be a member of a club recognized by the member federation and the entry sanctioned by their National Federation.

Follow the steps below to **make an entry**:

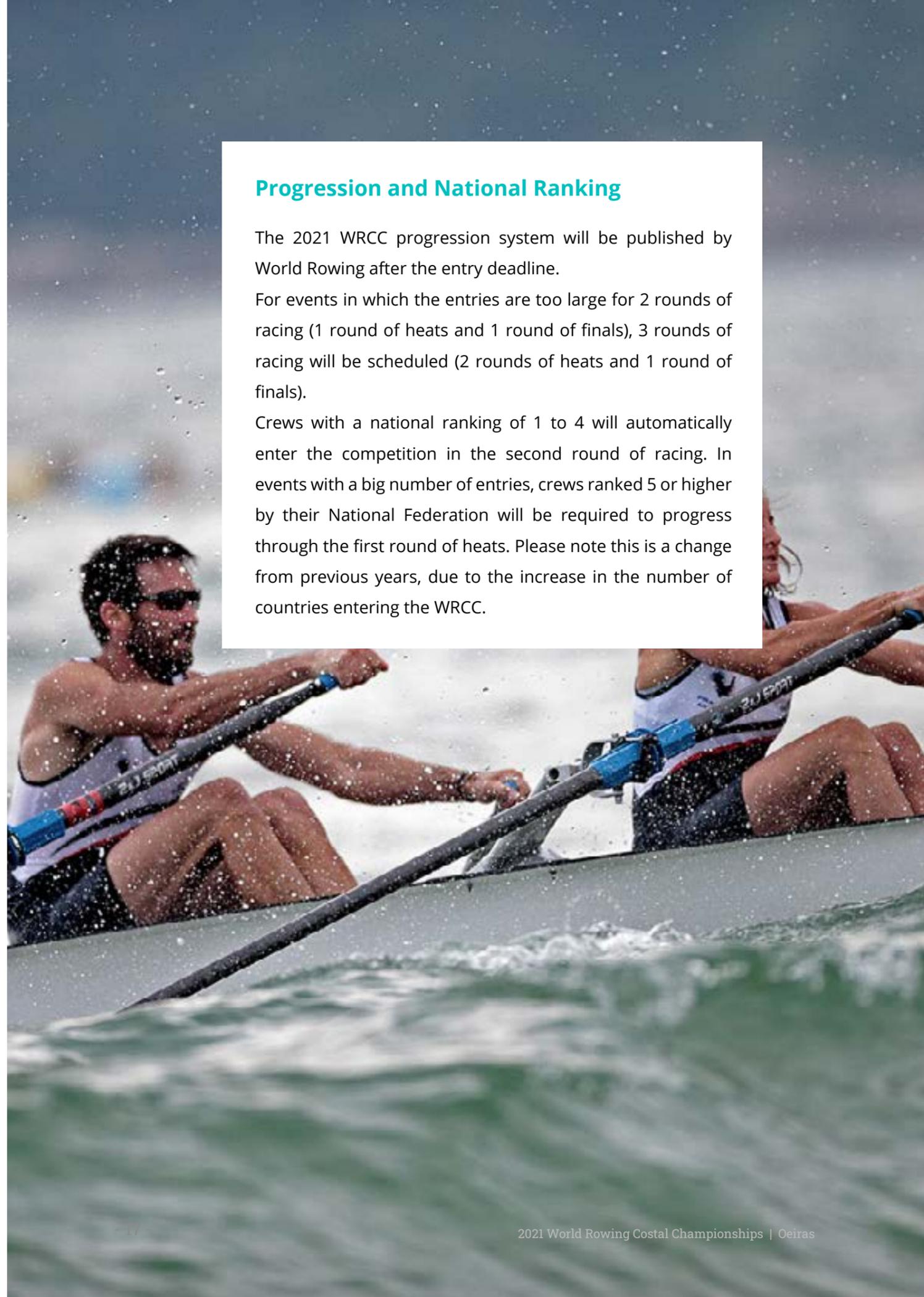
1. Crews should submit entries to their National Federation (Deadline to be determined by each NF). Please contact your federation for more information.
2. All entries shall be submitted to World Rowing using the official online entry forms through their National Federation. Where more than one crew is entered in each event from one country/region then all those crews must be ranked by the National Federation when the entry is submitted with the best crew ranked 01, the next crew 02, etc. Queries about the ranking of crews should be addressed to the National Federation concerned.
3. National Federation to submit entries by 02 September 2021 using World Rowing online entry system <https://rowingtwo.sportresult.com>. Club names and crew rankings to be included.
4. Athletes must complete "Athlete Commitment Form". If an athlete has not completed the form before, please mail the form to World Rowing or submit it in person to the World Rowing representative at the registration desk in Oeiras.
5. **Crews are to confirm their entries at Registration at the regatta venue by 17:00 hrs on Wednesday 29 September 2021.** Any crew who has not confirmed their entry by that time may be assumed to be not competing and may be removed from the Draw.

Progression and National Ranking

The 2021 WRCC progression system will be published by World Rowing after the entry deadline.

For events in which the entries are too large for 2 rounds of racing (1 round of heats and 1 round of finals), 3 rounds of racing will be scheduled (2 rounds of heats and 1 round of finals).

Crews with a national ranking of 1 to 4 will automatically enter the competition in the second round of racing. In events with a big number of entries, crews ranked 5 or higher by their National Federation will be required to progress through the first round of heats. Please note this is a change from previous years, due to the increase in the number of countries entering the WRCC.



Competition Information

ENTRY FEE

Please note that an entry fee of 35 EUR per rowing seat will be introduced for all events at the 2021 WRCC. The fee will be used for a contribution towards the operational costs of race organization (for e.g. safety cover, timing and results service, medals, volunteer insurance, boat

stickers and race course infrastructure). 5 EUR from each seat fee will be donated to support coastal rowing development programmes. More information on the payment procedure will be announced soon on www.oeirascoastalrowing.com.

Competition Information

ACCREDITATION

Crew members and team officials will receive an accreditation card at accreditation. Team Managers or Crew Captains will be required to bring photo identification (passport or international

identification card) of all crew members to collect the accreditation cards for their crews. All competitors are required to carry their accreditation cards with them throughout the Championships.



Competition Information

CREW REGISTRATION

Please note that
Registration closes at
17:00 hrs on Wednesday
29 September.

All crews are required to confirm their entry
at the crew Registration table at the venue.
Crews that fail to confirm their entry will
not be entered into the Draw.

Competition Information

VENUE AND COURSE OPENING TIMES

The venue will be open
for accreditation and
registration beginning on
Tuesday, 28 September
from 09:00 hrs.

The course will be officially open for
training from 9:00hrs on Tuesday 28
September 2021. Training times will be
arranged on a booking basis.



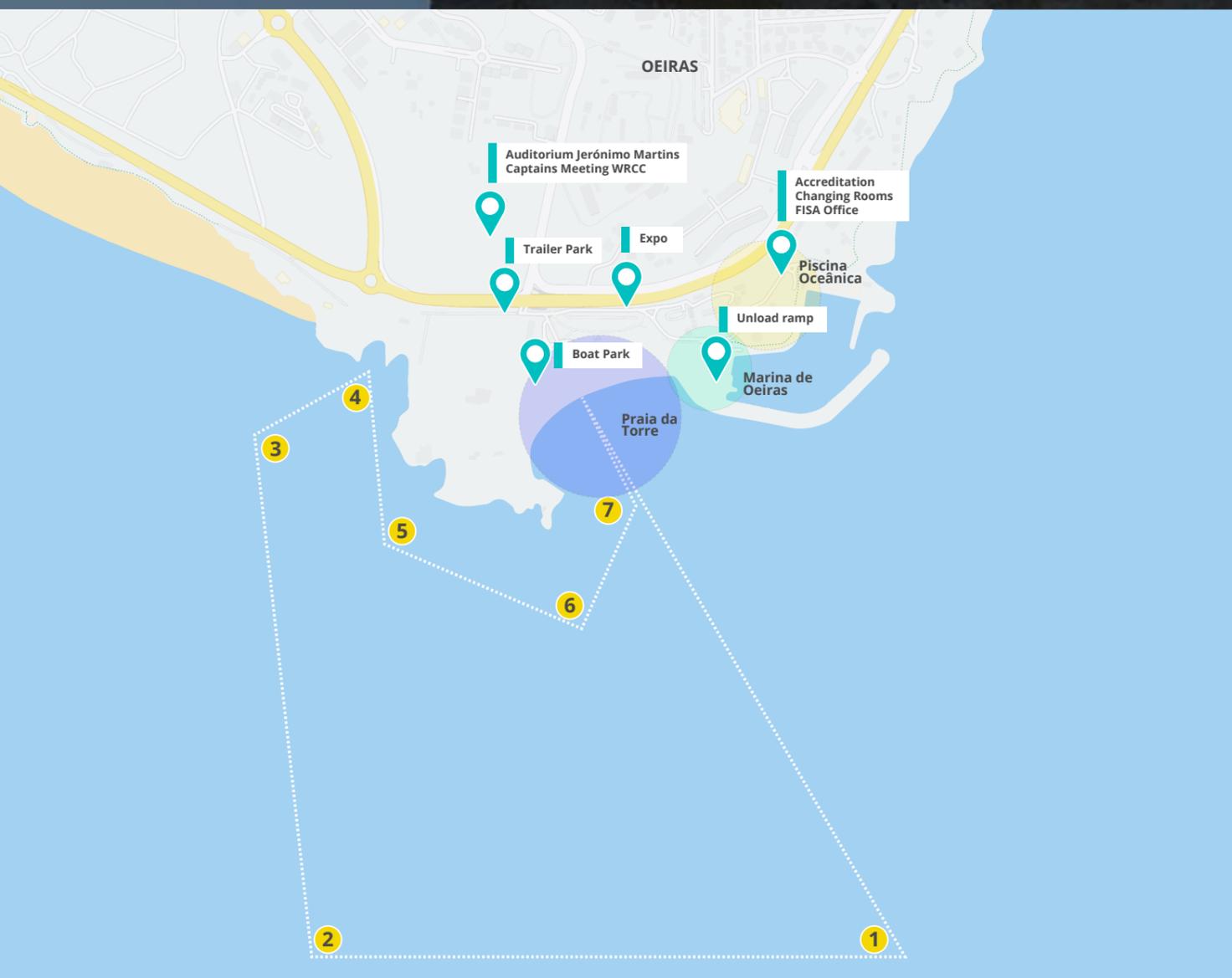
Competition Information

RACE COURSE

The rowing course will be in Lisbon harbour waters around turning points, with a mass beach start and finish. The start and finish beach is a fine sand beach with a sheltered rolling wave. Crews are encouraged to bring two experienced boat handlers for the start and finish, who shall wear matching kit that is predominantly different to the colour of the crew kit.

The course length will be 4 km for Heats and B Finals and 6 km for A Finals. Please note that the Finals courses are subject to the approval from related government departments.

Racing will be run in accordance with the World Rowing Rules of Racing and Appendix 22 – Coastal Rowing Competition Regulations. See www.worldrowing.com



Competition Information

UNIFORM

According to the World Rowing regulations, each team member/crew must display on their racing suit the 3 letter country code and their family name, following the format below:

Racing Shirt	Font	Height	Width	Case	Example
Front: family name (short)	Arial	50mm	120-150mm	Uppercase	BATTEN
Front: family name (long)	Arial	50mm	150mm	Lowercase	Batten-Ball
Front: country code	Arial	50mm	60-100mm	Uppercase	GBR
Back: country code	Arial	100mm	150mm	Uppercase	GBR

The boat handlers shall wear matched uniforms in a colour that is different from the crew. World Rowing may also issue the boat handlers with bibs to wear (See Appendix 23 12.1.1)

Competition Information

RACE SCHEDULE

The latest version of the provisional race schedules will be available on <http://www.worldrowing.com/events/2021-world-rowing-coastal-championships/event-information>.

Boats Logistics

BOATS AND EQUIPMENT

Pool Boat Rental Procedure

Please note that for the 2021 WRCC, there will be multiple Official Boat and Oar Suppliers. Competitors can choose from the list below to rent equipment from the official boat pool

The boats for the 2021 WRCC will be supplied by the Official Pool Boat Supplier(s) listed below. Official suppliers

will provide pool crew support on the beach. If you make a private hire arrangement with a non official supplier your boat will be treated as a private boat and the supplier will not be able to have a support presence in boat park or on the beach.

For pool boat rentals, please contact the suppliers below directly:

Supplier name	Early Bird Fee		Standard Fee		Included Offers	Contact
	Fee	Booking Deadline	Fee	Booking Deadline		
Ave Rowing	Per seat, per day: 35€	July 31	Per seat, per day: 40€	August 30	N/A	rodrigormao@averowingboats.com (+) 351 935 440 600
Filippi Boats	Per seat, per day: 42,70€	July 31	Per seat, per day: 48,80€	August 30	Oars by Concept2	Spagnesi@filippiboats.com (+) 390 565 777 311
Swift Racing	Per seat, all regatta: 130€	June 30	Per seat, all regatta: 150€	July 31	Full reimburse for Top 10	boatrental@swiftracing.com (+) 447 592 943 832
Leo Coastal*	Per seat, all regatta: 75€	July 10	Per seat, all regatta: 100€	August 30	Oars by Braca	mats@leocoastalrowing.com (+) 46 703 493 805
Rubenetti Boats*	Per seat, all regatta: 100€	August 2	Per seat, all regatta: 120€	September 6	Oars included	info@rubenettiboats.com

*Leo Coastal and Rubenetti Boats only have C1x and C2x available
Please note some suppliers may request a damage deposit.

Competition Information

BOATS AND EQUIPMENT

Pool boats & oars will be available for shared use on a rental basis. All boats and other equipment shall comply with World Rowing Rules of Racing, including specified safety equipment. All pool boats & oars will be shared between teams, and the Official Suppliers cannot guarantee that crews will have the same equipment each day within their rental fleet.

If you decide to bring your own boats, you must notify the OC by email, to sergiomanso@fpremo.pt (Athlete's

Service) before **Thursday, 02 September** to ensure that there is space in the boat park for you. If you miss the deadline to notify the OC regarding boats and equipment, a 100 EUR beach boat parking fee will be charged.

As per World Rowing Rules, it is compulsory to carry in the boat a life jacket for all crew members. Teams may bring their own life jacket and if they are bringing their own boats should also supply their own life jackets.



Boat weighing

All boats will be weighed at the Marina boarding zone and registered by qualified NTOs. During the competition days, verification procedures will take place (to

verify the weight information and boat overall conditions) and there might be random boat weight screenings.

Equipment

Oars

The oars for the 2021 WRCC will be supplied by the manufacturer(s) listed below.

For oars rentals, please contact the suppliers below directly.

The OC encourages crews to bring their own blades with their respective club or country colours on.

Supplier name	Cost	Deposit	Contact
Name of oars supplier	Rental Fee	Damage Deposit	Information
Braca	Per regatta: 60€ (Including training days)	100€	martinas@braca-sport.com (+) 37 065 025 341
Concept2	Information available online soon on www.oeirascoastalrowing.com		

Logistics Information

ACCOMMODATION & TRAVEL

Combine the World Rowing Beach Sprint Finals or the World Rowing Coastal Championships, with exclusive event services/accommodation, and you're in for an unforgettable experience!



Official Travel Partner, [Nirvana](#), with over 20 years experience in the sports travel industry, have the knowledge of the locality and vast event management experience, meaning you'll be able to concentrate on your event.

To secure your accommodation and event travel services, please click [here](#).

The Nirvana team of travel consultants are also available to book your flights, and arrange any air shipment of specialist equipment.

Alternatively, please call the Nirvana customer support team on +44 191 257 1750 or email:

 contactus@nirvanaeurope.com

or Brendan Duggan
Brendan@nirvanaeurope.com
+44 191 2571750

ACCOMMODATION

ACCOMMODATION PRICES

5* VILA GALÉ PALÁCIO DOS ARCOS		
Room Type	Bed & Breakfast	Half Board

Double/Twin Bedroom - Single Occupancy	€ 255.00	€ 285.00
Twin Bedroom (2 guests sharing)	€ 315.00	€ 375.00

4* PRAIA MAR		
Room Type	Bed & Breakfast	Half Board

Double/Twin Bedroom - Single Occupancy	€ 139.00	€ 165.00
Twin Bedroom (2 guests sharing)	€ 189.00	€ 225.00

4* HOTEL RIVIERA CARCAVELOS		
Room Type	Bed & Breakfast	Half Board

Double/Twin Bedroom - Single Occupancy	€ 145.00	€ 165.00
Twin Bedroom (2 guests sharing)	€ 209.00	€ 225.00

4* HOTEL SOLAR PALMEIRAS		
Room Type	Bed & Breakfast	Half Board

Double/Twin Bedroom - Single Occupancy	€ 145.00	€ 165.00
Twin Bedroom (2 guests sharing)	€ 199.00	€ 225.00

4* LAGOAS PARK HOTEL		
Room Type	Bed & Breakfast	Half Board

Double/Twin Bedroom - Single Occupancy	€ 139.00	€ 165.00
Twin Bedroom (2 guests sharing)	€ 195.00	€ 245.00

4* HOTEL REAL OEIRAS		
Room Type	Bed & Breakfast	Half Board

Double Bedroom - Single Occupancy	€ 125.00	€ 139.00
Twin Bedroom (2 guests sharing)	€ 179.00	€ 195.00



ACCOMMODATION

ACCOMMODATION PRICES

4* SOLPLAY HOTEL		
Room Type	Bed & Breakfast	Half Board
Studio - Single Occupancy	€ 155.00	€ 165.00
1 Bedroom Comfort Suite - Single Occupancy	€ 195.00	€ 219.00
Studio (2 guests sharing)	€ 199.00	€ 245.00
1 Bedroom Comfort Suite (2 guests sharing)	€ 269.00	€ 319.00
2 Bedroom Family Suite (up to 4 guests)	€ 449.00	€ 549.00

3* AMAZÓNIA JAMOR HOTEL		
Room Type	Bed & Breakfast	Half Board
Single Standard	€ 129.00	€ 149.00
Single Superior	€ 135.00	€ 155.00
Twin Standard Bedroom (2 guests sharing)	€ 185.00	€ 205.00
Twin Superior Bedroom (2 guests sharing)	€ 195.00	€ 225.00

3* HOLIDAY INN EXPRESS		
Room Type	Bed & Breakfast	Half Board
Double Bedroom (single occupancy)	€ 109.00	€ 129.00
Twin Bedroom (2 guests sharing)	€ 179.00	€ 199.00

ACCOMMODATION

PAYMENTS TERMS

The booking and payment policies can be found on www.oeirascoastalrowing.com

* Please note that World Rowing and the OC are monitoring the current situation carefully. For any updates, please check <http://www.worldrowing.com/events/2021-world-rowing-coastal-championships/event-information> and oeirascoastalrowing.com

Logistics Information

EVENT TRANSPORTATION

By **NIRVANA Europe**

Airport meet and greet with return airport transfers = 30 EUR per person

This includes a meet and greet service in arrivals when the clients land and provide with a transfer to the hotel and then transfer back to the hotel for their departure flight.

Event Shuttle Service = 10 EUR per day

The shuttle service will operate from 30 minutes before the start time of each day at the event site, until 30 minutes after the finish time. Athletes who purchase the shuttle pass can use the bus shuttle service as many times as they wish during event days – a hop on hop off shuttle service.

Contact **NIRVANA Europe** to book transportation:

Brendan Duggan

Brendan@nirvanaeurope.com

+44 191 2571750



Logistics Information

PUBLIC TRANSPORTATION

Airport

Lisbon International Airport (LIS) is a 25 minutes car journey from Praia da Torre (venue's location). From the airport, you can also choose to travel by Bus, Metro, Taxi or Uber. Also available are a variety of rental car companies at the airport.

Taxi and Uber

Lisbon has a strong presence and a great network of taxis and Uber. These services are accessible from the airport and as they follow rigorous safety standards and inspection procedures, they have become reliable and comfortable travel options.

Public Transports

In the event that you plan to travel locally via public transport, we advise to purchase the rechargeable ticket card "Viva Viagem". This card costs 0,50 EUR and it is required for the purchase of metro and train tickets. You can buy the "Viva Viagem" card in the automatic machines available in every station and it can be topped up with tickets. You can also use the "Zapping" mode, meaning you can pay a prepaid travel credit amount, and the travel fare is deducted from your card subject to the value of the journeys you make (and dependable on your prepaid credit amount).

The closest train station from Praia da Torre is Oeiras, a 1.8 km away.

You can calculate your journey in Lisbon's public transportation system through Google Maps.

Logistics Information

RESTAURANTS

The venue is served with many restaurants and bars.

The official restaurant is Praia Caffe, just by the beach, and you can buy meal vouchers at the registration office.

Further details regarding costs will be available at www.oeirascoastalrowing.com



Logistics Information

VISA INFORMATION

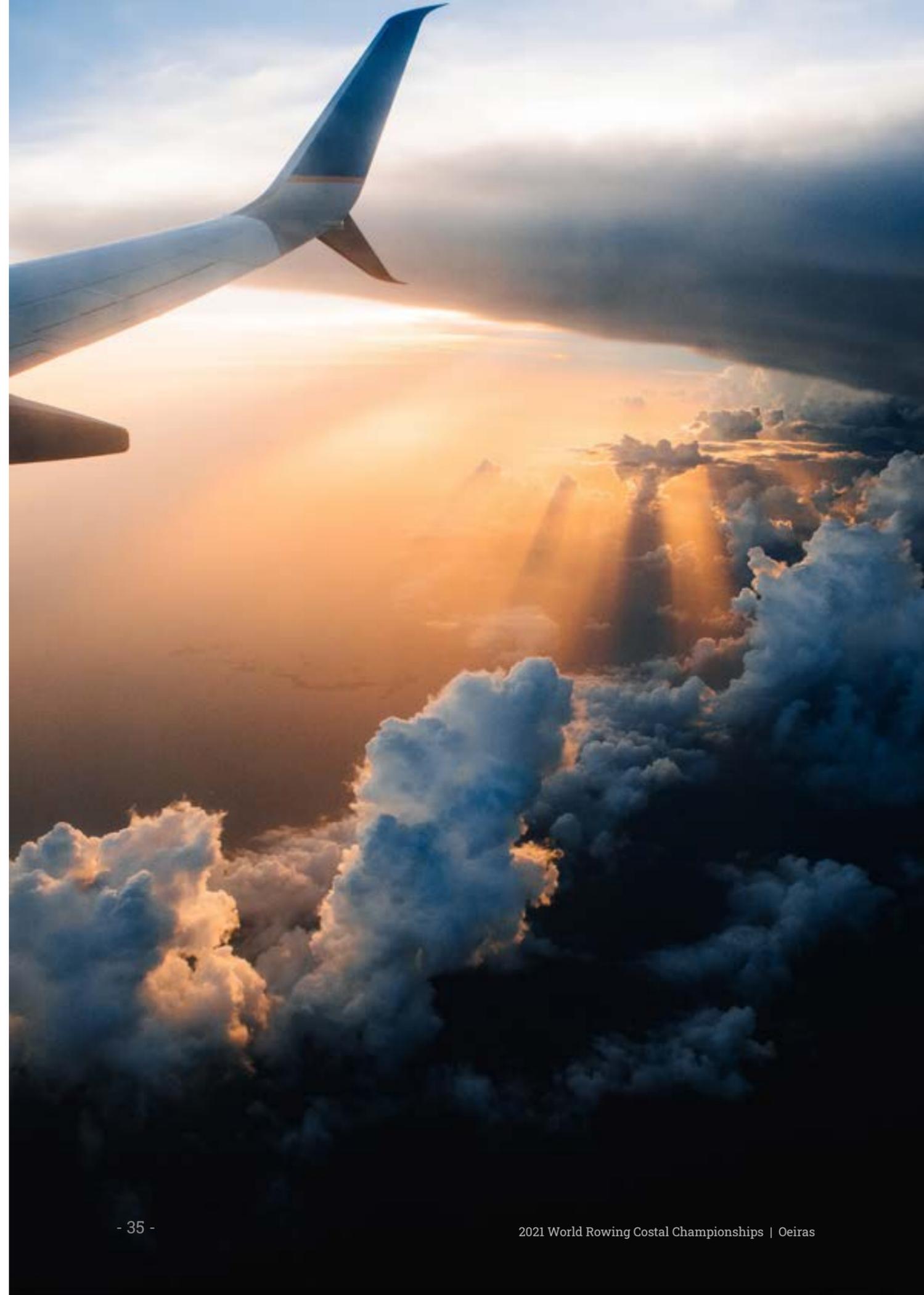
If you need a Visa Invitation, please send the name list showing passport details and nationality by email as soon as possible. It is necessary to apply for Visas in good time. The OC will not be responsible for teams unable to obtain Visas due to late application or any other reasons.

Contact person:

Sérgio Manso
sergiomanso@fpremo.pt

INFORMATION ON THE COVID-19 PANDEMIC

World Rowing and the 2021 WRCC OC are monitoring the Covid-19 pandemic and the current situation carefully. We advise you to regularly check <http://www.worldrowing.com/events/2021-world-rowing-coastal-championships/event-information> and oeirascoastalrowing.com for any updates. For specific questions, please don't hesitate to contact the OC.





Environment

LIVING THE OCEAN

The importance of the sea for Portugal is different than any other country. Our sea has history, connects us to the rest of the world and it is the basis of our country's livelihood. Oeiras is proudly hosting the World Rowing Beach Sprint Finals and World Rowing Coastal Championships in 2021, an honour we regard with great enthusiasm and respect.

The Rowing Portuguese Federation

challenges itself every year to reduce their carbon footprint by respecting its natural environment and marine life in all its events. For the WRBSF and WRCC, our goal is even greater: we aim to organise the greenest event in the Federation's history.

For that to become a reality, we need the support of all participants to follow our GREEN RULES:

Green Rules



Don't use disposable bottles.

Get a reusable bottle at the ANF/WWF tent and fill it in on our free water dispenser available onsite.



No waste behind.

Please take your rubbish with you when you leave the venue and recycle it whenever possible.



Zero emissions (whenever possible).

If your local accommodation is not far, choose a bicycle or an electric scooter to reach Praia da Torre. There are many rental and sharing apps available, so you can choose the most suitable for your needs.



Go digital and paper free.

The information about the event hosted by the Organizing Committee (OC) will not be printed on paper. All the brochures, event information and championship results will be available online and you can consult these at the Info Point tent or at the Accreditation Office.

Media Accreditation

MEDIA

Media representatives are required to be accredited through World Rowing.

For further information, please visit the World Rowing's Media Centre www.worldrowing.com/mediacenter

Application for accreditation specific to the 2021 WRCC will be opened in the beginning of 2021.

Get in touch

CONTACTS

Secretary Contact Person

Joana Freire

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2021

world rowing[®]

*coastal championships
& beach sprint finals*



Oeiras
Portugal

oeirascoastalrowing.com

