

# 2021 World Rowing Junior Championships Plovdiv, Bulgaria

## Teams Briefing

Thursday 05 August 2021



# Introduction

World Rowing Executive Director, Matt Smith



# Key Regatta Roles

**Technical Delegate**

Selwyn Jackson

**President of the Jury**

Kris Grudt

**WR Doctor**

Dr Petra Zupet  
Dr Tomislav Smoljanovic

**Event Safeguarding Officer**

Mehdi Garidi

**Event Manager**

Matt Evans

**OC COVID Officer**

Dimitar Pehlivanov  
([covidofficer@wrjch2021.com](mailto:covidofficer@wrjch2021.com))



# COVID-19 MEASURES

## Organising Committee COVID-19 Response Plan

- Please familiarize yourself with the OC's COVID Response Plan: <http://www.wrjch2021.com/covid-19>
- **Wearing a mask over nose and mouth** is mandatory in all areas at the venue as well as in transport and in the hotel when not in your room – ensure that you bring sufficient masks for your stay. A scarf is not a mask!
- Please use the hand sanitizer provided when entering rooms/buildings and wash your hands regularly.
- Keep at least 1.5m distance from other people at all times!



**WEAR**  
FACEMASK



**SANITIZE**  
YOUR HANDS



**KEEP**  
DISTANCE

# COVID-19 MEASURES

## Pre-event Test Requirements

- A negative PCR COVID test not older than 72 hours has to be presented at accreditation.
- Anyone who needs a negative PCR test to enter Bulgaria will be able to present the same one for entry to the venue.
- The PCR test result must be available in English language and in hard copy, it will be collected and stored by the OC.
- Persons who have been vaccinated or already recovered from COVID-19 have to provide the negative PCR test result.

## Temperature Checking

- Teams are responsible for checking the health of their team members on a daily basis before travelling to the venue.
- Team Managers should complete and submit the daily declaration form to the OC.



# COVID-19 MEASURES

## COVID Symptoms

If, at any time, a team member feels any of the following symptoms, let the Team Doctor or Team Manager know, who should immediately inform (in person or telephone call) the OC COVID Officer. If this person is at the hotel, remain isolated in the room.

- Fever
- Tiredness
- Sore throat
- Diarrhea
- Headache
- Dry cough
- Aches and pains
- Loss of taste or smell
- Conjunctivitis
- Rash on skin, or discolouration of fingers or toes



# COVID-19 MEASURES

## Pre-Event Documents

- All participants are required to complete the [PRE-EVENT HEALTH QUESTIONNAIRE](#) and to submit (one for every participant) to [covidofficer@wrjch2021.com](mailto:covidofficer@wrjch2021.com) by 07 August 2021.
- The [MEMBER FEDERATION CONSENT FORM](#) must be submitted by the Team manager on arrival at the accreditation centre before entering venue.





# COVID-19 MEASURES – IN PLOVDIV

## Access to the venue

- Only people with accreditation will have access to the accredited areas venue. Access will be controlled to help limit the risk of transmission of COVID-19.
- Spectators are allowed at the WRJCH, in accordance with Bulgarian regulations for staging sport events, up to a maximum capacity of 50%.
- Spectators will be separated from accredited participants.

## Movement in and around Plovdiv

- Please limit interaction with non-team persons as much as possible!
- All event participants should only access their hotel and the venue – people should not go to shops, restaurants, bars, etc





# COVID-19 MEASURES – IN PLOVDIV

## Boat Racks

- Racks will be assigned to individual teams as much as possible to limit interaction between teams.
- Do not move your boat to non-assigned racks.

## Athlete Weighing

- Only one crew at a time will be allowed in the weighing area



# COVID-19 MEASURES – IN PLOVDIV

## **Athlete Warm-Up and Cool-Down**

- Ergometers and bikes in the warm-up area will be socially distanced – please do not move them.
- Ensure that you sanitize your erg after you use it with the provided materials.
- If you bring your own ergs, please ensure that they remain within your team tent area so that social distancing is maintained.

## **Launching Pontoons**

- Athletes must wear their mask until they are seated in the boat and have left the pontoon
- Do not leave items on the pontoon e.g., shoes, water bottles, clothes etc.



# COVID-19 MEASURES – IN PLOVDIV

## Information Centre

- The Information Centre shall be in the boathouse area.
- Only one person (the Team Manager) to enter the information centre at one time.

## Showers at the Venue

- Teams are requested to shower at the hotel.
- Exemptions may be made in exceptional circumstances, such as departing directly to the airport after racing. Please discuss with the Information Centre if you need this exemption.



# COVID-19 MEASURES – IN PLOVDIV

## Victory Ceremonies

- Will be performed with no contact.
- Athletes to take medals and gifts from the trays themselves.
- No contact is allowed with other crews, i.e. No hugs, handshakes or high fives with other rowers.
- Social distancing must be maintained.
- More information will be provided in the Team Manager meeting.



# COVID-19 MEASURES – IN PLOVDIV

## What happens if I have symptoms either at the hotel or venue?

- Report immediately to your Team Doctor or Team Manager who will report to or call the OC COVID Officer.
- Isolate in your hotel room or in the venue COVID isolation room
- Follow the instructions of the OC COVID Officer

## What happens if I test positive for COVID-19?

- Go immediately into isolation
- Follow the instructions of the OC COVID Officer

## What happens if I test negative for COVID-19?

- If you were tested following having had symptoms, remain isolated until confirmed by the OC COVID officer that you can be released.
- If you were tested for return travel – business as usual.



# COVID-19 MEASURES – IN PLOVDIV

## **“Close Contact” with a person who tests positive**

- The Local Public health Authorities have ultimate responsibility to determine if a person has been a close contact, through the OC COVID Officer.
- A “close contact” is someone who has been near (within 2 metres) to the positive person, face to face with mask down for more than 15 minutes.
- If identified as a close contact, the Local Public Health Authorities would advise on the next steps required with regards to further testing and isolation or quarantine.



# COVID-19 MEASURES – IN PLOVDIV

## Team and Crew Bubbles

- Teams and officials are required to remain within their “team bubble” and not leave the venue or hotel unless travelling between the two.
- If someone has symptoms or is tested positive during the event, the local authorities will check the whole team for “close contacts” and possibly isolate them too, according to local rules
- Teams are encouraged to make “crew bubbles” of individual crews to avoid being a “close contact” if someone has symptoms or a positive test.
- Limit interaction with other people where possible.





# COVID-19 MEASURES – “Return Home” PCR Tests – What if Positive?

- Please be aware that the “return home” tests could have a positive result and the person would be subject to local isolation and quarantine measures.
- Those who have been near to the positive person over the recent days (“close contacts”) could be subject to isolation.
- We understand that it takes up to four days from exposure to the virus until it is detected by a PCR test, thus the incoming negative test reflects the situation of three days prior to the test.
- Please be extra careful during the next days to avoid any possible exposure to unknown persons.

It remains critical that everyone follow all measures between the actual test before departure until arriving in Plovdiv to minimise the chance for a positive “return home” test. As well, it is recommended to keep individual crews separate in “crew bubbles” to minimize being “close contacts”.



# COVID-19 MEASURES – IN PLOVDIV

## Potential Sanctions

- To protect the health of all participants, anyone not adhering to the participation conditions (i.e., covid measures) will be immediately **disqualified and excluded** from the event or lose accreditation privileges, at the discretion of the World Rowing Executive Committee.



# WEATHER - HEAT

The weather forecast is predicting high temperatures in Plovdiv (35°C and higher) during training and racing days – please be aware of this.

Teams are reminded that the World Rowing Sports Medicine Commission has published [Heat Safety Guidelines](#) as advice for dealing with the heat.



# KEY DATES AND TIMES

Sunday 08 August	Official Opening of the Venue
Monday 09 August	15:00hrs – Preliminary Team Manager Meeting (via Zoom)
Tuesday 10 August	09:30-10:30hrs – Practice Starts Session
	11:00hrs – Spares Races
	15:00hrs – Team Manager Meeting & Draw (via Zoom)

Team Manager Manual is available on the OC website.

An updated programme (after the close of entries) can be found on the event page on [www.worldrowing.com](http://www.worldrowing.com).



# EVENT COMMUNICATIONS

Key messages will come via WhatsApp and Official Communications on the World Rowing Event Page.

Team Managers will be asked to join the event Team Managers WhatsApp group.

If you have not already, please email the contact details of your Team Manager to [Registration@WorldRowing.com](mailto:Registration@WorldRowing.com).



# CONTACT INFORMATION

## ORGANISING COMMITTEE

General Questions:  
[info@wrjch2021.com](mailto:info@wrjch2021.com)

COVID Questions:  
**Dimitar Pehlivanov**  
[covidofficer@wrjch2021.com](mailto:covidofficer@wrjch2021.com)

Accommodation:  
**Katya Kozhuharova**  
[accommodation@wrjch2021.com](mailto:accommodation@wrjch2021.com)

Website:  
<http://www.wrjch2021.com/>

## WORLD ROWING

Event Manager:  
**Matt Evans**  
[Matt.Evans@worldrowing.com](mailto:Matt.Evans@worldrowing.com)

Website:  
<https://worldrowing.com/event/2021-world-rowing-junior-championships>



# QUESTIONS?

These slides will be uploaded to the "Information" tab of the Event Page on [www.worldrowing.com](http://www.worldrowing.com).

*Please use the Q&A function in Zoom!*

