

SELECTION POLICY (2019)

Note: This document is to be used as an example, each national federation should revise in relation to their national activities. This should be prepared and circulated at least 3 months before the selection races but ideally 6 months in advance. If a selection panel is created, which is recommended, this should be known and communicated to all teams at least two weeks before any selection activity is occurring.

Depending on the national situation the selection policy can be used to selected between the same boats type for representation, between athletes making up the boat types and to provide a ranking to help with decision around what competitions (or not) the crew should attend based on budgets and priorities.

This document should be supported, when possible, with a national strategy for the high performance programme.

We recommend considered percentages around world records (Gold Medal Standards) for each specific boat type. An example is also provided at <http://www.worldrowing.com/development/>

Introduction

This document establishes the procedures and the criteria that must be used for selecting National rowing teams at all times.

National Team Objectives

The National Rowing Team consists of the best rowers and coaches. They must satisfy the requirements for representing their country in international competitions.

Funding and resources will be provided by the for programme . and will be managed by.....

SELECTION PRINCIPLES

The National selection criteria adhere to the following principles:

- Select and prepare the crews with the best high performance potential based on clearly communicated tests (on-water, erg, other) and competitions (club and national championships or other regattas)
- Clear and transparent processes for all athletes and coaches
- Inform potential athletes and coaches of the processes
- Consider all potential athletes.

OBJECTIVES

SECTION 1 – AUTHORISED SELECTION BODIES

The Technical Director and/or National team coaches, appointed by the Rowing Federation, shall have the authority to select national teams from nominations received by coaches of clubs as specified in sections 4 and 5 of this document (identified below).

The composition of crews within the National Team will be recommended by the Technical Director and/or National team coaches and validated by the Selection Panel.

Selection Panel: neutral persons who have sufficient understanding and knowledge to validate the recommendations of the Technical Director and/or National team coaches with crew selection. Recommended composition:

- Former elite athlete or athlete with international experience
- Club Coach
- One Member of Executive or Council of NF

SECTION 2 – NATIONAL TEAMS

FISA Rowing World Championships

The selected crews should have the potential to finish amongst the top 75% in the FISA World Championship.

The adaptative Rowing National Team will be open to those athletes that have a minimum disability as defined in the FISA Rule Book and are classified by a FISA official evaluator.

Regional Games

The selected crews must have the potential to win a medal (finish in the top three) inGames and FISA will establish the participation quota that will apply to the crew selection to compete in the Games.

In case of changes byFISA/NOC/Ministry of Sport..... for the selection and **eligibility criteria**, the shall adopt these changes and shall inform its members as soon as possible.

Eligibility Criteria Examples:

- Resident and/or passport holder of the nation;
- Is member of the national federation in good standing, with no anti-doping or other violations;
- Has taken part in the testing and training outlined by the national federation for being considered as part of the national team;
- Has results in the national championships; and

- Has completed/agreed to observe any forms such as athlete agreement or code of conduct.

Continental Games

The selected crews must have the potential to win a medal (finish in the top three) in the Games and FISA will establish the participation quota that will apply to the crew selection to compete in the Games.

In case of changes by FISA/NOC/Ministry of Sport for the selection and the eligibility criteria, the shall adopt these changes and shall inform its members as soon as possible.

Qualification Regatta for the Olympic Games and Paralympic Games (OG and PG)

The selected crews must have the potential to qualify for the OG and PG.

FISA will establish the participation quota which shall be applied to the crew selection to compete in the OG and PG Qualification Regatta.

If FISA changes the selection and eligibility criteria, theRowing Federation shall adopt these changes and shall inform its members as soon as possible.

FISA Under 23 World Championships

The selected crews fromRowing Federation must have the potential to finish in the top 75% in the FISA Under 23 World Championships .

The Under 23 rowers selection will be open to Under 23 or younger athletes.

FISA Junior World Championships

The selected crews fromRowing Federation must have the potential to finish in the top 75% in the FISA Junior World Championships .

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The junior rowers selection will be open to all ages of junior athletes.

Rowing Junior Regional Championships

The selected crews for the must be of a high enough standard to be competitive at this level.

The selection of junior rowers is open to all ages of junior athletes.

Rowing Under 23 Regional Championships

The selected crews for the must be of a high enough standard to be competitive at this level.

The selection of the Under 23 rowers is open for Under 23 or younger athletes.

Rowing Senior Regional Championships

The selected crews for the must be of a high enough standard to be competitive at this level.

Other International Regattas

The selected crews for the must be of a high enough standard to be competitive at this level.

SECTION 3 – APPLICATION REQUIREMENTS

The national teams are open to reputable members, registered in the census, citizens of..... with a valid passport and who conform to any other eligibility requirements that are specified in this document.

SECTION 4 – NOMINATION PROCEDURE

4.1 National Rowing Team

The athletes who wish to be considered for the National Rowing Team should:

- Fulfill all evaluation tests by the cut-off date, unless there is a specific permit from to reschedule the test.
- Participate in least 80% of all championship regattas.
- Participate in the National Championships.
- The Club must present an intention letter addressed to by the scheduled date.
- The Technical Director and/or National team coaches will decide on the selection process and on the invitation list having in mind the eligibility requirements described in this document. They will publicize the dates that athletes must come for the selection days.

The athletes will be continuously evaluated until the scheduled time for the events in accordance with the following criteria:

- 1-** Regatta Performance:
 - a) Including performance in single scull skills (1x)
 - b) Racing speed
 - c) Regatta results from the last 6 months
- 2-** Ergometer test results
- 3-** Technique.

- 4- Compatibility with other athletes and coaches.
- 5- Commitment to the program.
- 6- Competition preparation.
- 7- Personal motivation.

To be considered for lightweight crew nomination the athletes must be prepared to attain the following weights

Lightweight Men: 72,5 kg
Lightweight Women: 59 kg

- The evaluation of the crew's potential will be based on performance over several distances and by analysis of 500m split times (in boats training). Scores over 2 km, 6 km, 15 km and 150m on erg tests.
- The National Team Coach decides the final configuration of the crews and it can change them to enhance the performance/competitiveness of the team.

4.2 Special Circumstances

Athletes may request for special consideration in the event of injury, illness, prohibitions or other circumstances.

He/she must apply in writing as soon as possible to the and the technical staff about the injury, illness or other circumstances to be taken into consideration. In the case of illness or injury a medical report must be delivered to the as well as to the technical staff.

A wild card entry for these special cases can be considered.

4.3 Coxswain nomination

Bearing in mind these nomination criteria, the coxswains will be nominated by the Program National coach based on:

- Experience and results in Regattas.
- Compatibility with selected team athletes.
- Compatibility with the selected team coach and
- Commitment with the program.

SECTION 5 – ATHLETE COMMITMENT

Athletes wishing to enter the selection process for the Rowing National Team will sign an agreement with theRowing Federation.

This agreement will specify the responsibilities of theRowing Federation and the athlete as well as its relationship with other sport organizations.

The aim of the agreement is to avoid conflict between the parties, might potentially harm the athlete, and the sport of rowing.

Failure to sign the agreement will result in the immediate termination of all National team services (including training plans and the use of the team).

SECTION 6 – APPEAL PROCESS

All decisions taken and related to this 'Selection Criteria' document can be appealed against according to the appeal system.

SECTION 7 - FINANCING

A training camp may be necessary to select the National Teams. The cost to the club will be announced 15 days in advance. Any required deposits must be received by

CONTACT INFORMATION:

If you have any question / concerns, please don't hesitate to contact:
Technical Director / National team coaches