



I Copa America Coastal 2022
 20 -24 April 2022
 Club Regatas Lima, Chorrillos
 Lima - Peru
 Bulletin No. 1

Organising Committee (OC):
 Peruvian Rowing Federation /
 Club de Regatas "Lima"
 OC Chairman: Jose Antonio Tord
jatl-56@hotmail.com

REGISTRATION INFORMATION - IMPORTANT

To ensure that the information for the regatta is clear, we ask you to keep in touch with the Organising Committee (OC) and with World Rowing

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Send an email to the OC and World Rowing (contacts above) with the following information:

- Application for development support (valid for five participants, two male athletes, two female athletes and a coach, at a entry fee of U\$5.00 day/person; the fee will be used as a contribution towards the operational costs of the race organisation).
- Registration form duly completed with all rowers and coaches.
- Arrival and departure information for airport/bus station pick-up.
- Information regarding the needs of the team to reserve accommodation.

Important as of now: Please check the identity documents / passport of the participants and your mailbox regularly until all reservations have been made.

Application forms must be sent to World Rowing and the OC by March 10, 2022.

INFORMATION ON VISAS

If you need a visa to enter Peru please send a request for a letter of invitation to the OC.

** Please contact the Embassy of Peru for information on the documentation you may need to enter the country and to be able to submit the application forms to the organizing committee.

Please note that the Visa issuance process can take several weeks, so you should apply as early as possible.

I COPA AMERICA COASTAL & Beach Sprint 2022

Arrival:	April 18, 2022 (morning)
Training starts: *	April 18, 2022 (afternoon)
Copa America Coastal and Beach Sprint	April 20 - 23, 2022
Departure	April 24, 2022

*Pre-course online learning will be organised (Coastal Race Module – Part A) and completed upon arrival in Peru
 The I Copa América Coastal focuses on the promotion and development of coastal rowing, which is a Youth Olympic Games event. The event format is detailed below:

April 20: I Copa America Coastal

The crews will compete on a course of 4km or 6km around buoys and turning points in the open sea. Events offered are:
 Men and Women C1x, C2x, C4x+
 Mixed C2x

April 21: I Copa America Beach Sprint

The event takes place in a beach setting, starts at Chorrillos beach and goes in a sprint to a buoy and back, the race ends with one rower from each team running towards a finish line on the beach. Events offered are:
 Men and Women C1x, CJ1x, CJ2x
 Mixed CMix2x, CMix4x+, CJMixJ2x



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April 23:

Crossing regatta La Punta – Chorrillos (between venues of the "Lima" Regattas Club over a distance of 23km).

Events offered are:

Men and Women C1x, CJ1x, C2x, CJ2x, C4x+, CJ4x+

Mixed C2x, C4x+

SAFETY AND HEALTH OF THE ROWERS

The ability to swim and stay afloat is essential for participants in water sports, such as rowing. The risk of tipping over or falling into the water in a rowboat can be dangerous if athletes are unable to stay afloat, and coaches need to be prepared.

In line with the World Rowing rule book, appendix R18 – Coastal rowing competition regulations, rule 14 – Safety and Health of Rowers (Rule 14) a) each rower at coastal events shall ensure that: i. they have a state of health and fitness which allows them to compete at a level commensurate with the competition level of the particular event; and ii. they have a basic swimming ability, including being able to swim 50 m and keep their head above water unassisted for three minutes

Accordingly, prior to attending Copa America Coastal and Beach Spring, all national rowing federation officials need to verify athlete compliance with appendix R18 – rule 14. Likewise, all rowers, unless they are athletes who are known, to have already performed the capsize drill, must have completed the capsize drill with safe recovery.

Swim tests and capsize drills must be held in pools with at least two lifeguards present. World Rowing recommends that you contact your national swimming federation and ask for guidance, if necessary. Swim tests should never be conducted in open water. Each national federation is required to certify the swimming ability for each rower submitted to participate in a World Rowing training camp or activity.

It is recommended that members of the federation carefully read the guidelines of the British federation on swimming competitions found in section 3.6 of RowSafe, available at the link below:

<https://www.britishrowing.org/wp-content/uploads/2018/10/Row-Safe-April-2018.pdf>

Please note that all rowers must have completed a pre-competition health screening as per the World Rowing rule book, by laws to rule 14 – safety and health of rowers.

INSURANCE

It is mandatory that all participants have medical and incident insurance abroad, including Covid-19 coverage. Proof of the insurance contract must be sent to the OC for accreditation.

ACCREDITATION / CREW REGISTRATION

Crew members and team officials will receive their accreditation at the registration desk. Team Leaders or Crew Captains will be required to bring photo identification (passport or international identification card) of all crew members to collect the accreditation for their crews. All competitors are required to carry their accreditation with them throughout the event.

ACCREDITATION / CREW REGISTRATION

Venue course and opening times will be released on Bulletin No. 2

RULES OF RACING

Racing will be run in accordance with the World Rowing Rules of Racing and Appendix R18 – Coastal Rowing Competition Regulations.

[2021 World Rowing Rule Book - EN - World Rowing](#)

CIVIL LIABILITY / INSURANCE

Participants are solely responsible for themselves and their material. The OC is not responsible for damages that may occur in Peru.



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Each Member Federation shall ensure that it has adequate and appropriate insurance cover in place for each of its rowers and accompanying team officials (including delegates) for at least the duration of the event and the period of travel to and from. We refer to Rule 15 – insurance on the WR rule book for “adequate and appropriate insurance cover”.

COMMITMENT FORM

Rowers may only compete at the Copa America if they have submitted a signed commitment form. Each Team official must have submitted a commitment form before accreditation is issued.

COVID 19 TEST

All participants who require the COVID-19 PCR test or similar prior to their return home, will have to notify the OC. The antigenic tests will have an approximate cost of US\$22.00 and the PCR tests US\$40.00, and will be carried out at the venues of the event with adequate coordination for greater safety of the participants. Please request the Covid-19 exam in advance to

Ms. Roxana Valle Ricra rvalle@alertamedicaperu.com.pe +51992138131 (company Alerta Medica)
Promotional code: COPA AMERICA

ABOUT COVID 19 AND PROTOCOLS TO FOLLOW

Visit the following link to verify the entry requirements to Peru: <https://www.gob.pe/institucion/embajada-del-peru-en-irlanda/campa%C3%B1as/5558-covid-19-requisitos-para-viajar-al-peru>

All participants must follow the protocols implemented at the competition venue, accommodation, dining room(s) and transportation throughout the event.

It is mandatory to report any symptoms of discomfort related to COVID-19 to the organisation as soon as they appear.

To prevent the risk of infections, participants will not be allowed to leave the accommodation, transportation system and venue of the event.

TRANSPORT

The transport from Jorge Chavez International Airport in Peru to the facilities at the Club de Regatas Lima" headquarters La Punta where the participants will be staying, will be provided and covered by the Organizing Committee for the 5 (five) participants per team of the Cup, approved by their respective National Federation.

A free transportation service will be offered between the accommodation and the course during the training and competition period. The distance between the two is approximately 40 minutes.

Additional participants must pay local transportation costs (USD\$5.00 day/person) under the coordination of the Organising Committee.

ACCOMODATION

The OC proposes "Lima" Rowing Club headquarters La Punta-Callao, as the official place for the Copa America Coastal which includes accommodation, breakfast, lunch and dinner at the premises, covered by the OC for a maximum of 5 (five) participants per team (for a maximum of seven -7 nights) approved by their respective National Federation (04 athletes, two men and/or two women and one coach. A second female coach may apply for support).

All participants of the Copa America will be accommodated at the "Lima" Rowing Club, La Punta headquarters, located at Calle García y García N°494 La Punta – Callao.

Additional participants must ask the OC for their accommodation needs and make the payment directly to the OC before check-in. For these additional participants, the cost will be US\$40.00 day/person.

All quotes are in US dollars at the April 2022 exchange rate.

BOATS AND EQUIPMENT (Boat reservation sheet to send)

For participants confirmed by their National Federation for the training camp, the material will be free of charge. Information regarding material needs must be notified to the OC by March 10, 2022. Each team is strongly recommended to bring their own oars, as they must be painted on both sides in the colors of the respective federations. All boats and other equipment must comply with World Rowing rules.

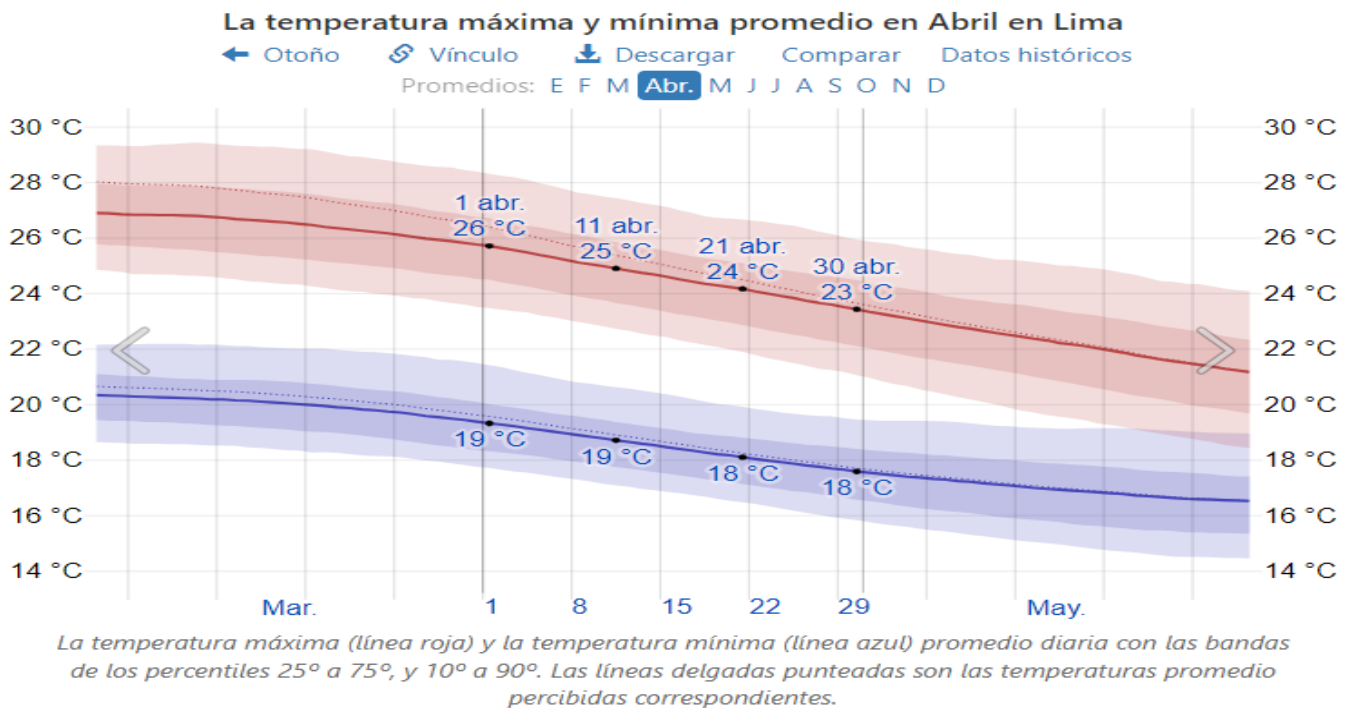
It is at the discretion of the OC to setup a schedule for use of pool boats for training.

WEATHER CONDITIONS

The average weather conditions in Peru, for the month of April, is as follows:

Weather in April in Lima Peru

Daily maximum temperatures decrease by 2°C, from 26°C to 23°C, rarely falling below 21°C or exceeding 28°C. Daily minimum temperatures decrease by 2°C from 19°C to 18°C and rarely drop below 16°C or exceed 21°C. For reference, on February 18, the hottest day of the year, temperatures in Lima typically range from 20°C to 27°C, while on August 16, the coldest day of the year, they range from 15°C to 19°C.



TOURIST INFORMATION

For tourist service in general it is recommended to contact:

Elena Basaran Whitehead

Sales Manageress

elena.Basaran@irdeviaje.com

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