



Nazanin is a professional rower and an Olympian from Iran who has gotten several awards and medals in national and international events. She is a hardworking and highly talented person and her ultimate target is to be an Olympic champion.

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28/01/1992

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Nazanin Malaei

EDUCATION

MSc in physical education and sports science – sports management

BSc in physical education and sports science

SPORT-RELATED BACKGROUND

International events

1. Silver medal of Asian Olympic qualifier in light weight category and getting 2020 Tokyo Olympic quota in single sculls heavy-weight (W1x) category (Japan),
2. 11th place of 2020 Tokyo Olympic in single sculls heavy-weight (W1x) category (Japan),
3. Gold medal of 2019 Asian rowing cup in single sculls heavy-weight (W1x) category (Thailand),
4. Gold medal of 2019 Asian rowing cup in single sculls light-weight (LW1x) category (Thailand),
5. Gold medal of 2019 Asian rowing championships in single sculls light-weight (LW1x) category (South Korea),
6. Silver medal of 2018 Asian Games in single sculls light-weight (LW1x) category (Indonesia),
7. Gold medal of 2017 Asian rowing championships in single sculls light-weight (LW1x) category (Thailand),
8. Gold medal of 2017 European rowing clubs' marathon tournament in 6500-m single sculls light-weight (LW1x) category (Netherlands)
9. Gold medal of 2016 Asian rowing championships in single sculls light-weight (LW1x) category (China),
10. Bronze medal of 2016 Asian rowing championships in Coxless four sweep boat (W4-) category (China),
11. Gold medal of 2016 Asian rowing cup in single sculls light-weight 500 m (LW1x-500m) category (Iran),
12. Gold medal of 2016 Asian rowing cup in single sculls light-weight (LW1x-1000m) category (Iran),
13. Bronze medal of 2016 Asian rowing cup in double sculls heavy-weight (W2x-1000m) category,
14. Silver medal of 2015 Asian rowing championships in single sculls light-weight (LW1x) category (China),
15. - Bronze medal of 2015 Asian rowing championships in double sculls heavy-weight (W2x) category (China),
16. - Bronze medal of 2014 Asian Games in light-weight quadruple sculls (LW4x) category (China),

17. Silver medal of 2014 Asian rowing cup in single sculls light-weight (LW1x) category (Indonesia),

18. Bronze medal of 2014 Asian rowing cup in heavy-weight quadruple sculls (W4x) category (Japan),

19. Silver medal of 2013 Asian rowing championships in light weight quadruple sculls (LW4x) category (South Korea),

National events

1. Gold medal of 2016 national university games in single scull light-weight (LW1x) category,

2. Bronze medal of 2010 national rowing championships in single scull light-weight (LW1x) category,

3. Gold medal of 2009 national rowing championships in Junior, single scull (JW1x) category,

4. Gold medal of 2009 national rowing championships in junior I, double sculls (JW2x) category,

5. Silver medal of 2009 national rowing championships in senior, double sculls heavy-weight (W2x) category,

6. Gold medal of 2009 national Sports Olympiad in double sculls (W2x) category,

7. Silver medal of 2008 national Sports Olympiad in single sculls light-weight 500 m (LW1x-500m) category,

8. Silver medal of 2008 national Sports Olympiad in single sculls light-weight 1000 m (LW1x-1000m) category,

9. Silver medal of 2008 national Sports Olympiad in double sculls light-weight 1000 m (LW2x-1000m) category,

10. Bronze medal of 2008 national rowing championships in double sculls light-weight 500 m (LW2x-500m) category,

11. Silver medal of 2007 national rowing championships in single sculls light-weight 500 m (LW1x-500m) category,

12. Silver medal of 2007 national rowing championships in double sculls light-weight 1000 m (LW2x-1000m) category,

PARTICIPATION IN OTHER EVENTS

1. Olympic qualification event for 2016 Rio Olympics in double sculls category (South Korea),

2. 7th place of 2015 World University Championships in single sculls category (South Korea),

3. 2014 World Cup in quadruple sculls category (France),

4. 2014 World championships in U21 double sculls category (Italy),

5. Olympic qualification event for 2012 London Olympics in double sculls category (South Korea),

6. 2010 World Championships in U21, double sculls category (Belorussia),

7. 2010 Asian Games in quadruple sculls category,

8. 2010 World Championships in quadruple sculls category (Slovenia),

9. 2009 World championships in junior, quadruple sculls category (France),
10. 2009 Asian rowing championships in double sculls category (Thailand),
11. 2008 World Cup in single scull category (Bulgaria),
12. 2008 Asian rowing championships in Junior, quadruple sculls category (Hong Kong),

PROFESSIONAL TRAINING CAMPS

1. A two-month international camp in China for participating in 2018 Asian Games hosted by Indonesia,
2. A one-month international preparatory camp for participating in 2016 Olympic qualification event hosted by China,
3. A one-month international preparatory camp for participating in 2016 Olympic qualification event (Netherlands, 2015),
4. A one-month international preparatory camp for participating in 2015 Asian rowing championships hosted by China,
5. A one-month international camp in Portugal for preparation to participate in 2014 Asian Games,
6. A two-month international camp in Spain for preparation to participate in 2014 Olympic qualifier event,
7. A one-month international preparatory camp for participating in 2013 Asian rowing championships hosted by Portugal,
8. A 20-month international preparatory camp for participating in 2013 Asian rowing championships hosted by China,
9. A one-month international preparatory camp for participating in 2012 Olympic qualification event (China, 2012),