

2022

**world
rowing®**

**under 19 & 23
championships**



TEAM MANAGERS MANUAL

CONTACT DETAILS

Comitato Organizzatore

dei Campionati Internazionali di Canottaggio Varese

(Organising Committee for International Rowing Championships Varese)

Via Lungolago dei Canottieri, 21 – 21100 Varese, Italy

Website : www.vareserowing.com

Contact person for the OC: Pierpaolo Frattini

Email: vareseocrowing@gmail.com

Tel: +39 3382201149

ORGANISING COMMITTEE BOARD

Acting OC President / Mayor of Varese **Davide Galimberti**

Vice President OC **Claudio Minazzi**

President of Province of Varese **Emanuele Antonelli**

President of Italian Rowing Federation **Giuseppe Abbagnale**

President of Canottieri Varese **Mauro Morello**

ORGANISING COMMITTEE

General Manager **Pierpaolo Frattini**
Compliance GM activities OC/WR relations **Ambra Di Miceli**
Accommodation **Varese Convention Bureau - Lisa Tondini**
Transport **Ethel Bozzetti**
Accreditation/Information Centre **Alina Brushnevskaya**
Infrastructure/Security **Paolo Cortellezzi**
Administration **Roberto Spotti – Barbara Salvestrin**
Catering **Gianmario Bragagnolo**
Competition **Guido Ferrario**
Medical Service **Alessandro Bianchi – CRI**
Exhibitors Assistance **Antonella Perrotta**
Human Resources **Marco Gasparotto**
Venue Operations
Vincenzo Prina – Paolo Malinverno – Federico Macchi
Local Press Officer **Michele Marocco**
Marketing/Event Promotion **Sunrise Media**
Sponsor **Beatrice Bernasconi**

INFORMATION

WR EXECUTIVE COMMITTEE

President **Jean-Christophe Rolland**

Vice-president **Tricia Smith**

Executive Director **Vincent Gaillard**

Treasurer **Gerritjan Eggenkamp**

Council Representative **Patrick Rombaut**

Council Representative **Rosie Mayglothling**

Council Representative **Eva Szanto**

Athletes Commission Representative **Frida Svensson**

EVENT MANAGER

Cristine Jacobsen

TECHNICAL DELEGATE

Selwyn Jackson

JURY PRESIDENT

Nick Hunter

WORLD ROWING REGATTA DOCTOR

Dr. Kathryn Ackerman

WORLD ROWING SAFEGUARDING OFFICER

Barbara Grudt

WORLD ROWING OFFICE

Office will be located on the roof the Lido - see venue layout

IMPORTANT PHONE NUMBERS

Police, Fire, Ambulance - EMERGENCY - DIAL 112

Accommodation (9:00-13:00/14:00-17:00)

+39 0332 281944

+39 334 5826068

Transport Office

+39 348 2601156

Medical

please see MEDICAL FACILITIES AND SERVICES

TEAM INFORMATION CENTRE

The Team Managers Information Centre will be located near the Lido (see the map of the Venue) and will be open at all times when the Venue is officially open.

For language assistance, please contact the OC personnel in the Information Centre.

All information about the races also as Start Lists, Results will be published online on the WR website www.worldrowing.com

Information regarding transport services, accommodation and tourism will be available.

A print-on-demand service will be available for Start and Results lists in the TM Information Centre.

COVID-19 Rules for the 2022 World Rowing U19 & U23 Championships:

- a. FFP2 masks must be worn in closed spaces (indoors) and are recommended for outside spaces. FFP2 Masks are obligatory on public transport.
- b. There is no requirement for a submission of a PCR or antigen test result for teams to access the event.
- c. There is no requirement for providing a vaccination certificate to participate in the event.

Any participants requiring a “return home” COVID (either PCR or Rapid Antigen) test before leaving Varese, can get in touch with the OC at covidmanager@vareserowing.com:

3. who will help arrange these tests. The costs of the tests will be at the charge of the teams.

4. In light of the recent updates, a detailed and up to date COVID-19 plan is being prepared for the event and will be available online at <http://vareserowing.com/> after 10 July 2022.

For any questions or clarifications, please contact the Covid Manager at covidmanager@vareserowing.it

GENERAL PROGRAM

VENUE & COURSE OPENING TIMES

The Regatta Venue will be officially open from Friday, 22nd July 2022 at the following times:

Friday (22 July) 09:00-19:30

Saturday-Tuesday (23-26 July) 07:00-19:30

Wednesday-Saturday (27-30 July) 07:00-20:30

Sunday (31 July) 07:00 – 20:00

OFFICIAL TRAINING

Course Opening Times:

- **Friday 22nd July:** Training from 09:30-13:00 / 14:00 – 19:00
- **Saturday 23rd July:** Training from 07:30-13:00 / 14:00 – 19:00
- **Sunday 24th July:** Training from 07:30-13:00 / 14:00 – 19:00
- **Monday 25th July:** Training from 07:30-11:30 / 14:30 until 15 minutes before the first start
- **Tuesday 26th July:** 07:30 until 15 minutes before the first start. After racing: From 15 minutes after the start of the last race until 19:00
- **Wednesday 27th – Saturday 30th:** 07:30 until 15 minutes before the first start. Between racing sessions: From 15 minutes after the start of the last race, until 15 minutes before the first start of the next session. After racing: From 15 minutes after the start of the last race until 20:00

GENERAL INFORMATION

Note: If needed, 8+ will be allowed to use the outside loop for training purposes. The OC will provide marshal and rescue boats as indicated in the traffic rules for training. Please note that the outside loop will NOT be allowed for any boats other than the 8+.

Only athletes, staff and team accredited to WRU19U23CH are allowed to enter the Venue.

The complete Provisional Competition Schedule for the 2022 World Rowing U19 & U23 Championships can be downloaded from the World Rowing website www.worldrowing.com

GENERAL INFORMATION

IMPORTANT NOTICE FOR TEAMS

Please be informed that any teams training before 22nd July are not allowed on the Venue and the entrance to the Boat Park before is permitted only upon requests.

For all enquiries, please contact the OC at:
vareseocrowing@gmail.com

MEETINGS

Preliminary Team Managers Meeting will take place on Sunday, 24th July at 14:00, either in person, in a hybrid or a virtual format. World Rowing will send joining instructions to Team Managers through the Team Managers WhatsApp group on the day of the Team Managers meeting. Hybrid or in person meetings will take place in the meeting room in the club house gym.

Team Managers Meeting & Draw will take place on Monday, 25th July at 14:00, either in person, in a hybrid or a virtual format. World Rowing will send joining instructions to Team Managers through the Team Managers WhatsApp group on the day of the Team Managers meeting. Hybrid or in person meetings will take place in the meeting room in the club house gym.

Team Managers Meetings will be held on racing days. Time and location of those meetings will be communicated through the Team Managers WhatsApp group.

GENERAL INFORMATION

ENVIRONMENT

Our event is eco-friendly and goes under the motto “Save the Planet”, so on the territory of the Venue will be applied a system of separate waste collection and we will be grateful if you help us with this.

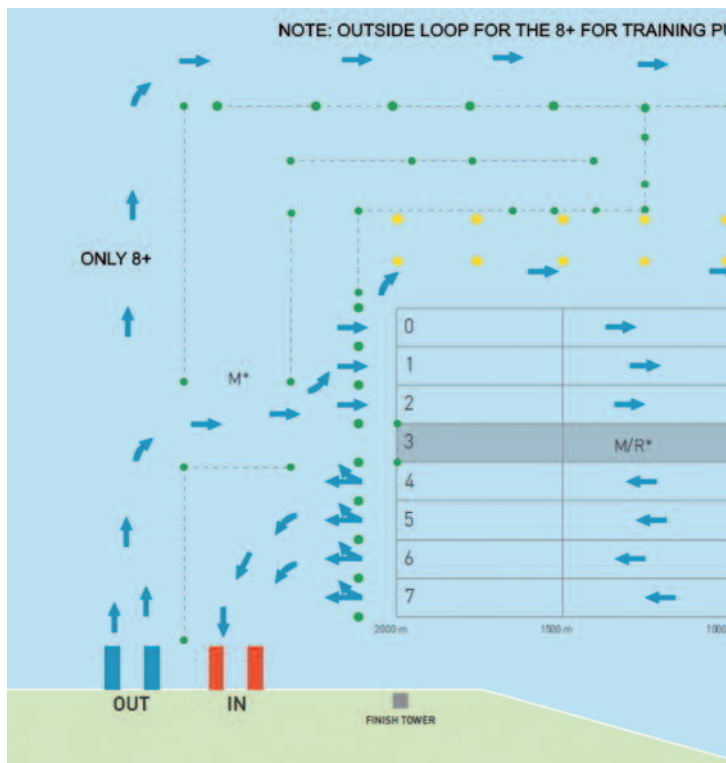
During the Accreditation you will receive a colored garbage bags, Yellow – for plastic and Red – for undifferentiated.

All you need, is just follow the signs on the territory of the Venue to throw the colored garbage bags and the paper in the appropriate containers.

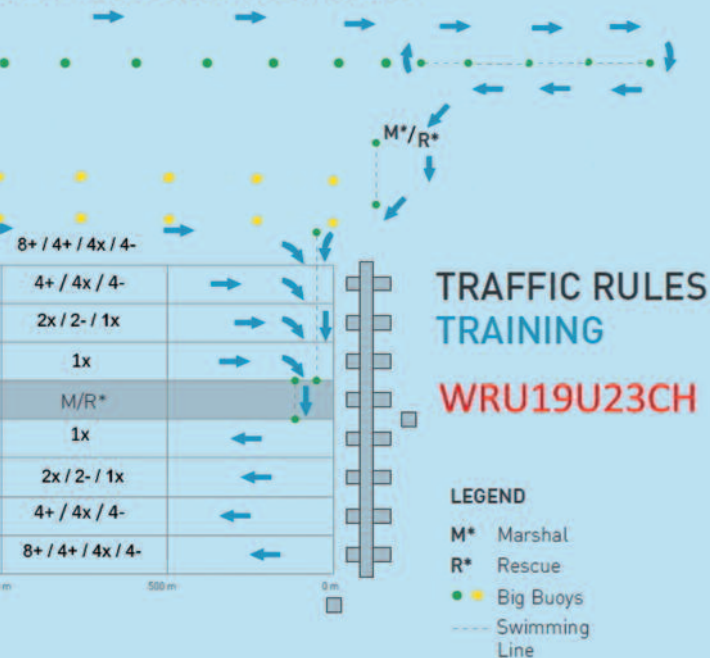
Important note:

We kindly ask the Team Managers to explain to their Athletes DO NOT THROW water bottles in the lake. The bottles could be emptied and must be kept in the boat.

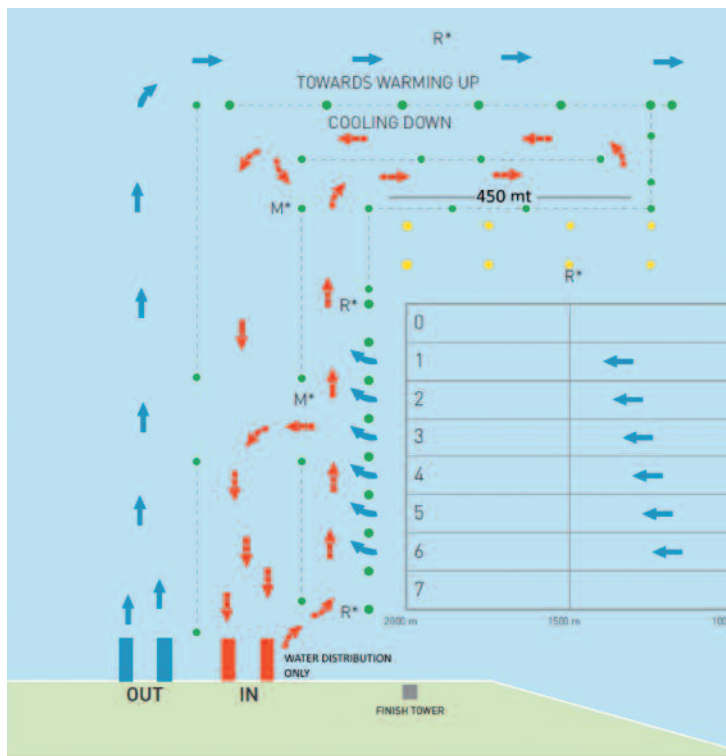
TRAFFIC RULES – TRAINING

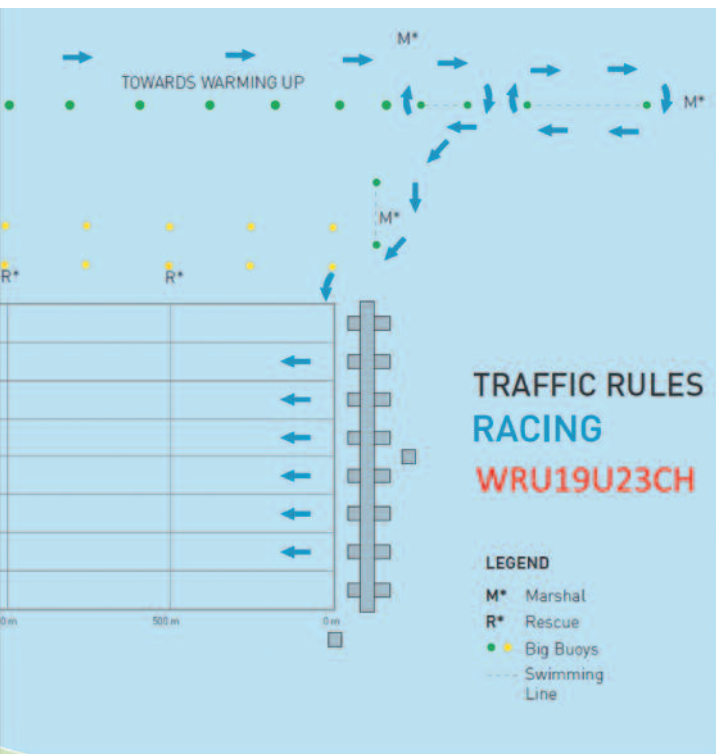


URPOSES WILL BE ONLY BE OPENED IF NEEDED



TRAFFIC RULES – RACING





TEAM FACILITIES AND SERVICES

CONTROL COMMISSION The Control Commission is located between the incoming and outgoing pontoons. The Control Commission will be in operation during all times the course is officially open.

ATHLETES REGISTRATION Upon arrival, team managers are requested to check their crew entries at the Accreditation Centre.

CREW CHANGES Crew changes & withdrawals before the Draw must be done by completing the Crew Change Form (available at the Accreditation Centre) and submitting them to the World Rowing representative in the Accreditation Centre before the Draw (*by 12:00). Crew Changes after the Draw should be submitted at the World Rowing office at the Venue. For medical substitutions and withdrawals please call the WR Doctor first and inform of your intention before submitting a crew change form. Team Managers must confirm their crews.

CREW PHOTOS Team managers will be notified of the athletes that have not yet had their photographs taken for the World Rowing athlete database. These athletes should report to the Accreditation Centre and have their photographs taken.

BOW NUMBERS Bow numbers will be distributed to crews on the outgoing pontoon and will be collected again at the incoming pontoon.

GPS DEVICES All boats must be fitted with a 'base plate' to hold the GPS timing devices. These plates will be fixed to the boats by a team of OC volunteers and by Swiss Timing technicians from 22-25 July in the boat weighing area. Please ensure that they are in place before the first day of racing.

ADVERTISING Please check the WORLD ROWING Rules of Racing and

TEAM FACILITIES AND SERVICES

related Bye-Laws to ensure that your racing uniforms and boats comply with the advertising rules.

BOAT WEIGHING Boat weighing will take place in the Boat Storage area - see the map of the Venue; Test scales will be available from Friday 22 July and will be open at all times that the Venue is open, except during racing.

ATHLETE WEIGHING Athlete weighing will be located in the Athletes Area near the ERG tent - see the map of the Venue; Test scales will be available from Friday 22 July and will be open during opening hours of the Venue.

BOAT STORAGE The boat racks are situated in the Boathouse Area - see the map of the Venue. The Organising Committee will assign boat racks for all boats. Please respect the rack allocation. Teams are responsible to make sure that their boats are always tied to the racks and are in no-risk of being damaged due to adverse weather conditions.

SERVICE PROVIDERS AND BOAT REPAIR Boat builders are located in the Boat Park - see the map of the Venue.

LAUNCH PONTOONS There are two outgoing pontoons and two incoming pontoons located in front of the Boat Storage Area.

BOAT WASHING The location of the race course is a protected environment and teams are required to wash all their boats before going on the water. Facilities will be provided for washing boats on arrival at the Venue including biodegradable detergents.

No chemical detergents or other sources of environmental pollutants should be used during boat washing. The boat washing area will be close to the Boat Storage Area.

TEAM FACILITIES AND SERVICES

TEAM TENTS An area is available for Team Tents - see the Venue layout for the location. Every team receive an adequate space for their tent. For the electricity connection please ask at the Information Centre.

ERGOMETERS Ergometers for training, warming up and cooling down are provided in the Athletes Area - see the map of the Venue.

CHANGING ROOMS/SANITARY FACILITIES Permanent changing rooms and sanitary facilities are located in the Athletes Area, inside the Lido – see the map of the Venue.

BAG STORAGE There will be a secure area situated near Information Centre at the entrance for athlete's bag storage. The bag drop-off will be open during the official opening times of the course.

VIEWING FOR ATHLETES Athletes can view the races from the Spectators standing area or from the Grandstands if seats are available from Monday 25th to Thursday 28th.

BIKE RENTAL A Bike rental service is available in front of the Canottieri Varese Club House. For further information contact: Lido bike rental service Email: lidobike@yahoo.it - Tel: +39 346 6220200 / +39 393 7210597

COACH VIEWING There is no possibility for coaches viewing along the course. Races can be followed on the big screen near the Grandstand area. A livestream of races would be provided from Friday 29th to Sunday 31st

REST AREA Athletes Rest Area is located inside the Lido see the map of the Venue.

MEDICAL FACILITIES AND SERVICES

MEDICAL CENTRE

The Medical Centre will be open during the official opening hours of the Venue and is situated in the Boat Park close to the emergency ramp and the pontoons. Please refer to the map of the Venue.

The Medical Centre will provide initial assessment and treatment for injuries and illnesses.

An ambulance will be on standby in the Boat Park Area for emergencies.

The OC Doctors Team will be present in the Medical Centre and will be open available during opening hours of the Venue.

Tel. +39.339.2097665

LOCAL HOSPITAL

Ospedale di Circolo e Fondazione Macchi

Viale Luigi Borri 57, 21100 Varese

+39 0332 278 111

The hospital is about 4 km from the Venue and about 10 minutes by driving car.

PHARMACY

Farmacia Salini

Via Francesco Daverio 152

+39 0332310057

MEDICAL FACILITIES AND SERVICES

DENTAL SERVICE

Dentist Dr. Paolo Martegani + 39 0332 458415

Via Cascina Sirmione 12, 21022 Azzate

Dr. Paolo Castoldi +39 0332 222311

Via Ammiraglio Francesco Caracciolo 7, 21100 Varese

Dr. Giorgio Ponti +39 0332 286424

Via Bernardino Luini 21, 21100 Varese

ON-WATER SAFETY SERVICE An on-water safety service will also operate during the official opening times of the racing course.

ANTI-DOPING CONTROL For all information on Anti-Doping control procedures, please refer to the WR rule book or contact the WR Office. Further information is available on the WR website: www.worldrowing.com.

The Anti-Doping Control is situated in the new club house. All doping control tests will be conducted in accordance with WADA and WORLD ROWING requirements by the International Testing Agency (ITA).

For all information about the Anti-Doping controls and procedures, please refer to the World Anti-Doping Code and International Standards available on the website www.wada-ama.org and the WORLD ROWING Anti-Doping Bye-Laws. Further information is available on the WORLD ROWING website: www.worldrowing.com

TRANSPORTATION AND PARKING SERVICES

TRANSPORT OFFICE

The Transport Information Desk will be located in the Team Managers Information Centre near the Lido and will start operating on Friday, 22 July. It will be open during the official opening hours of the Venue.

Airport and train station transfers will be provided for all team which have booked their accommodation through the Organising Committee. Transfers on arrival and departure will be provided from/to Milano Malpensa Airport and Gallarate Train Station. At Milano Malpensa Airport Terminal 1 a welcome desk will be installed at the exit of international flights, near door 8. For any information or need, contact +393791348981.

At Gallarate train station the meeting point is outside the station, for any information or need contact +393791348981.

Transfers to other airports will be available on request.

A local shuttle service will be provided between the Hotels and the Regatta Venue for all team which have booked their accommodation through the Organising Committee.

The shuttle service will start on Friday 22nd July and will end on Sunday 31st July 2022.

Important Note: Team Managers will be required to submit the transportation booking form to the Transport Information Desk at the Venue by 12:00 for the following day.

Transport requests must be made by completing the following form:

- “Shuttle Hotel Venue Booking Form” – for Shuttle service

TRANSPORTATION AND PARKING SERVICES

Important note:

- Any delays, changes of schedule or flight cancellations for arrivals must be communicated to the Organising Committee immediately.

Team departure details must be submitted to the Information Centre at the Venue at least 48 hours prior to departure, by completing the following form

- “Airport Station Transfer Booking Form” – for Airport or Station transfer

One day prior to departure, teams will receive notification of the exact transportation time.

Transport contact: Lisa Tondini

Telephone: +39 3345826068

Email address: transport@vareseturismo.it

PARKING ARRANGEMENTS

Boat trailers

There will be a designated area for the boat trailers parking behind the Boat Park – see the map of the Venue.

The teams must unload their boats on the trailer parking and carry their boats to the boat racks, follow the signs and directions to access the boat from the parking through the dedicated entrance. It is possible to access the boat park starting from Friday 22nd July at 09:00 and with the same opening hours as the Venue.

If any team has special needs or intends to arrive with boats trailer before, they must contact the infrastructure manager Paolo Cortellezzi (paolo-

cortellezzi@yahoo.it)

Team Managers are requested to announce their estimated arrival time of trailers at least 24 hours before arriving at paolocortellezzi@yahoo.it

Team cars/buses Parking space will be available for Team cars/buses. Each team will have 2 parking passes for free, if need to have more they can be purchased at a price of € 30 each and will be valid for the entire period of the event. Passes can be requested at the Information Centre.

Shuttle bus drop off at the venue The shuttle bus drop-off is close to the Venue main entrance - see the map of the Venue (number 2A)
The shuttle drop-on is close to the boat park entrance – see the map of the Venue (number 2B)

ACCOMMODATION

All reservations must be made through the OC. The teams that have special requirements for their accommodation are encouraged to state their requests in writing to the OC. The OC will do everything possible to meet their needs.

ACCOMMODATION OFFICE

The Accommodation Information Desk will be located in the Team Managers Information Centre will be open during the official opening hours of the Venue.

Accommodation Contact

Lisa Tondini - Varese Convention Bureau

Telephone: +39 0332 281944 +39 334 582 6068

E-mail address: rowing@vareseturismo.it

FOOD FACILITIES AND SERVICE

Breakfast will be served in the hotels from 6:00 to 9:00

Lunch will be served in the hotels from 11:00 to 14:30

Dinner will be served from 19:00 to 21:00

For any specific needs, contact the reference structure.

Lunch at the regatta venue is possible. From 11:30 to 14:30

Teams who have booked lunch at the Venue must collect their lunch tickets at the Information Centre every day by 10:30 (only Team Managers are authorized to collect tickets). Teams need to confirm by 12:00 for the following day if they want to have lunch at the Venue or at the hotel. Additional lunch tickets can be purchased at the Information Centre by 12:00 for the following day. The costs are 20,00 € per ticket.

Important note: Team Managers will be required to complete the lunch booking form at the Information Centre at the Venue by 12:00 for the following day. Please be advised that tap water at the Venue is drinkable. Water fountains with drinking water will be marked by signs. In order to help reduce waste and take care of the environment, please use tap water to fill your reusable water bottles.

SPECTATORS MEAL ARRANGEMENTS

Food, drinks, and coffee can also be purchased at the Grill Area in front of the Canottieri Varese Clubhouse from 22nd July from 07:00 to 20:00 everyday.

The Nation's bar with food and beverage behind the Grandstand will be open from 28th July to 31st July.

Please be advised that tap water at the Venue is drinkable.

ACCREDITATION

ACCREDITATION OFFICE

Manager: Alina Brushnevskaya

Telephone: +39 342 0400005

E-mail address: alina@vareserowing.com

Team Managers of teams with a large number of athletes are requested to make an appointment with the Accreditation Centre by email to alina@vareserowing.com for picking up the Accreditation for their teams and to prevent long queues.

ENTRIES

Entries close on Friday, 15 July 2022, midnight CET.

Entries must be made online through: <https://rowingtwo.sportresult.com/>

For any questions regarding entry & accreditation process please contact Prateek Gumbar: prateek.gumbar@worldrowing.com

WORLD ROWING COMMITMENT FORMS & WADA CONSENT FORMS

All rowers must read and sign the World Rowers Commitment form (one time only) & WADA Consent form (one time only). Scanned pdfs can be directly uploaded on to the Athlete's profile through the Federations account on the database. There is no hard deadline for uploading the forms. Hard copies are not required to be submitted.

MEDIA

MEDIA CENTRE

Local Press Officer: Michele Marocco

Email: vareserowingufficiostampa@sunrisemedia.it

Tel. Number: +39 347 5353588

The Media Centre is located near to the Finish Area. The opening times are:

Monday, 25 July: 09:00 – 19:30 Tuesday, 26 July: 08:00 – 18:30

Wednesday, 27 July: 08:00 – 20:00 Thursday, 28 July: 08:00 – 20:00

Friday, 29 July: 08:00 – 20:30 Saturday, 30 July: 08:00 – 20:30

Sunday, 31 July: 08:00 – 18:00

MEDIA ACCREDITATION

Both national and international journalists are required to apply online through the World Rowing Media Centre www.worldrowing.com/media-center. The specific link to the media accreditations for the WRU19U23Ch in Varese is following: <https://rowingtwo.sportresult.com/Accreditation/Media/7ee519e5-288d-4585-bab4-bf916dca49b8>

INTERVIEWS & PRESS CONFERENCES

Information on interview requests, press conferences and the mixed zone will be available in the Media Centre. The WORLD ROWING media staff will inform Team Managers ahead of time for interview requests to interview athletes.

LOST AND FOUND

The lost and found facility is located at the Accreditation Centre.

GRANDSTAND

The Grandstands are located near the finish area.

World Rowing Family Grandstand tickets:

These tickets give access to the covered grandstand near the finish line. They are available in limited numbers and on a "first, first served basis" and can only be purchased through the National Federations.

The tickets can be purchased at the ticket office near the Grandstand. Public can purchase tickets, see the link on the website www.vareserowing.com/tickets/ or directly at the tickets office near the Grandstand.

WIFI

There is a public WIFI service for Teams:

Name: VARESEROWING2022

Password: VaRo@2022

OFFICIAL CEREMONIES AND SOCIAL EVENTS

The Opening Ceremony will be held on Sunday 24th July 18:00 -19:00

The Nations Dinner will be held on Saturday 30th July 20:00.

The location will be confirmed closer to the event.

Transportation will be provided from the Regatta Venue and the hotels. Each Member Federation will receive two tickets which can be collected at the Information Centre. Please, confirm your attendance by Wednesday 27th July at the Information Centre.



Comitato organizzatore:



COMUNE DI
VARESE

PROVINCIA
di VARESE



CAMERA DI COMMERCIO
VARESE
Futuro Impresa Territorio

Con il contributo di



Dipartimento
per lo sport

Regione
Lombardia



Con il patrocinio di:

Local sponsor:

BPER: **ESSELUNGA**
Banca

Local supplier:

eofo
Varese does
it all for you

elmecc
Semplicemente affidabili

bticino

Partner:

open fiber

Angelli Giancarlo & C.
SERVIZI AMBIENTALI

Vivenda

FNM
idee in movimento

TRENORD



**INTOLINEE
VARESE**

Enerxenia
LA LUCE E IL GAS DI CASA TUA

THE MALE TOOLS & Co.
DEPOT.
ORIGINAL FORMULAS

MOBILITY

SLA
MilanoSports

alfa

Mobility partner

Media partner

Gruppo Novauto

PREALPINA

P55

VN
VareseNews



VARESE SPORT