

ORGANISING COMMITTEE (OC): Welsh Rowing / Sport Wales National Centre Sophia Close, Cardiff CF11 9SW

Development Officer: Samantha English samantha.english@welshrowing.com

REGISTRATION INFORMATION - IMPORTANT

To ensure that the information for the development programme is clear, we ask you to keep in touch with **Anna Mguni** on email anna.mguni@worldrowing.com

Send an email to World Rowing (contact above) with the following information:

- <u>Completed WR Development Support Application form attached</u> valid for three (3) participants, one (1) male athlete, one (1) female athlete and one (1) coach
- Arrival and departure times for airport pick-up, once you have booked flights: please note that the nearest international airport to Saundersfoot is Cardiff International Airport
- The needs of the team regarding accommodation reservations: development accommodation is available from 12 October.

There is an entry fee of €35 per rowing seat. The fee will be used as a contribution towards the operational costs of the race organisation (for example, for safety cover, timing and results service, medals, volunteer insurance, boat stickers and race/course infrastructure). €5 from each seat fee will be donated to support coastal rowing development programmes worldwide. Important as of now: Please check the identity documents / passport of the participants and your mailbox regularly until all reservations have been made.

Application forms must be sent to World Rowing by August 30, 2022

INFORMATION ON VISAS

World Rowing and the OC have been advised by the UK Government of significant delays to the visa application process for those entering the UK to participate in sporting events, and even for tourism/leisure activities. This may impact the World Rowing Beach Sprint Finals

We ask that you **URGENTLY**, please:

- 1. Check the visa requirements for your athletes (both club crews and national team athletes) to enter and compete in the UK: https://www.gov.uk/check-uk-visa
- If you need a Visa Invitation, please send a list of names showing passport details and nationality by email as soon as <u>communications@worldrowingcoastals2022.org</u>) with copy to <u>samantha.english@welshrowing.com</u> and <u>anna.mguni@worldrowing.com</u>
- 3. Contact your National Sporting Agency / National Olympic Committee to inform them of your intentions and to see if they are able to offer support and advice

Tourist Visas can be applied for up to three (3) months before arriving in the UK. The OC will not be responsible for teams unable to obtain Visas due to late application or any other reason. Nirvana can offer advice on managing visa applications.

** Wales is part of the United Kingdom (UK). For all those who do require a visa, the Tourist visa needs to be obtained from the applicable embassy/consulate i.e. The British High Commission. It costs £ 112 - £ 332, depending on duration of stay.

Please note that the Visa issuance process can take several weeks, so you should apply as early as possible.

2022 WORLD ROWING BEACH SPRINTS

| Arrival: | October 12, 2022 |
|--|---------------------|
| Training starts: | October 13, 2022 |
| (It is at the discretion of the OC to setup a schedule for use of pool boats for training) | |
| 2022 ER Beach Sprints* | October 14-16, 2022 |
| Departure** | October 16-17, 2022 |



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2022 World Rowing Beach Sprint Finals - World Rowing Organising Committee Bulletin 1

** 2022 WRBSF provisional programme (please check available return flights in line with the event programme)

OC Website: https://www.worldrowingcoastals2022.org/

SCHEDULE OF EVENTS

The event takes place in a beach setting, starts at Saundersfoot beach, and goes in a sprint to a buoy and back; the race ends with one rower from each team running towards a finish line on the beach. Events offered are:

Men: CM1x, CJM1x, CJM2x Women: CW1x, CJW1x, CJW2x Mixed: CMix2x, CMix4x, CJMix2x

SAFETY AND HEALTH OF THE ROWERS

The ability to swim and stay afloat is essential for participants in water sports, such as rowing. The risk of tipping over or falling into the water in a rowboat can be dangerous if athletes are unable to stay afloat, and coaches need to be prepared.

In line with the World Rowing rule book, appendix R18 – Coastal rowing competition regulations, rule 14 – Safety and Health of Rowers (Rule 14) a) each rower at coastal events shall ensure that:

- i. they have a state of health and fitness which allows them to compete at a level commensurate with the competition level of the particular event; and
- ii. they have a basic swimming ability, including being able to swim 50 m and keep their head above water unassisted for three minutes

Accordingly, prior to attending 2022 WR Beach Sprint Finals, all national rowing federation officials need to verify athlete compliance with appendix R18 – rule 14. Likewise, all rowers, unless they are athletes who are known, to have already performed the capsize drill, must have completed the capsize drill with safe recovery.

Swim tests and capsize drills must be held in pools with at least two lifeguards present. World Rowing recommends that you contact your national swimming federation and ask for guidance, if necessary. Swim tests should never be conducted in open water. Each national federation is required to certify the swimming ability for each rower submitted to participate in a World Rowing training camp or activity.

It is recommended that members of the federation carefully read the guidelines of the British federation on swimming competitions found in section 3.6 of RowSafe, available at the link below: https://www.britishrowing.org/wp-content/uploads/2018/10/Row-Safe-April-2018.pdf

Please note that all rowers must have completed a pre-competition health screening as per the World Rowing rule book, by laws to rule 14 – safety and health of rowers.

INSURANCE

It is mandatory that all participants have medical and incident insurance abroad, including Covid-19 coverage. Proof of the insurance contract must be sent to the OC for accreditation.

^{*}For more information about the event please check



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ACCREDITATION / CREW REGISTRATION

Crew members and team officials will receive their accreditation at the registration desk. Team Leaders/Crew Captains will be required to bring photo identification (passport or international identification card) of all crew members to collect the accreditation for their crews. All competitors are required to carry their accreditation with them throughout the event.

ACCREDITATION / CREW REGISTRATION

Entry and Accreditation deadline: Friday, 16 September 2022

Entries and accreditation must be made online through: https://rowingtwo.sportresult.com/

For any questions regarding entry & accreditation process please contact Prateek Gumbar: prateek.gumbar@worldrowing.com

RULES OF RACING

Racing will be run in accordance with the World Rowing Rules of Racing and Appendix R18 – Coastal Rowing Competition Regulations. 2021 World Rowing Rule Book - EN - World Rowing

CIVIL LIABILITY / INSURANCE

Participants are solely responsible for themselves and their material. The OC is not responsible for damages that may occur in Wales. Each Member Federation shall ensure that it has adequate and appropriate insurance cover in place for each of its rowers and accompanying team officials (including delegates) for at least the duration of the event and the period of travel to and from. We refer to Rule 15 – insurance on the WR rule book for "adequate and appropriate insurance cover".

COMMITMENT FORM

Rowers may only compete at the 2022 WRBSF if they have submitted a signed commitment form. Each Team official must have submitted a commitment form before accreditation is issued.

COVID 19 PROTOCOLS TO FOLLOW AND REQUESTS FOR COVID 19 TESTING (RETURN)

All participants must follow the protocols implemented at the competition venue, accommodation, dining room(s) and transportation throughout the event. It is mandatory to report any symptoms of discomfort related to COVID-19 to the organisation as soon as they appear. To prevent the risk of infections, participants will not be allowed to leave the accommodation, transportation system and venue of the event.

All participants requiring a COVID-19 PCR test or similar prior to their return home, must notify the OC and request information.

TRANSPORT

The nearest international airport to Saundersfoot is Cardiff International Airport. Airport pick up and drop off will be provided and covered by the Organising Committee for a maximum of two (2) athletes - one (1) male and one (1) female) and one (1) coach, a total of three (3) three participants per team, as approved by World Rowing.

ACCOMODATION

The official accommodation for the WRBSF WR Development Group is Llanion Cove, Pembrokeshire. Accommodation will be covered by the OC for a maximum of three (3) participants per team (for a maximum of five (5) nights) approved by their respective National Federation: two (2) athletes, one (1) male and/or one (1) woman and one (1) coach. A second female coach may apply for support). The full list of participants should be sent to Anna Mguni at anna.mguni@worldrowing.com



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For this event, additional participant accommodation bookings should be made through the accommodation and travel agency 'Nirvana Europe': for more information, please visit <u>Nirvana Europe</u>.

Note: development accommodation at Llanion Cove is exclusively for a maximum of three (3) participants per team; any extra participants will need to look and pay for alternative accommodation.

EQUIPMENT

Each team is strongly recommended to bring their own oars All boats and other equipment must comply with World Rowing rules. It is at the discretion of the OC to setup a schedule for use of pool boats for training.