




# World Rowing Beach Sprint Qualifiers for World Beach Games 2023 2023 Asian Rowing Beach Sprint Championships

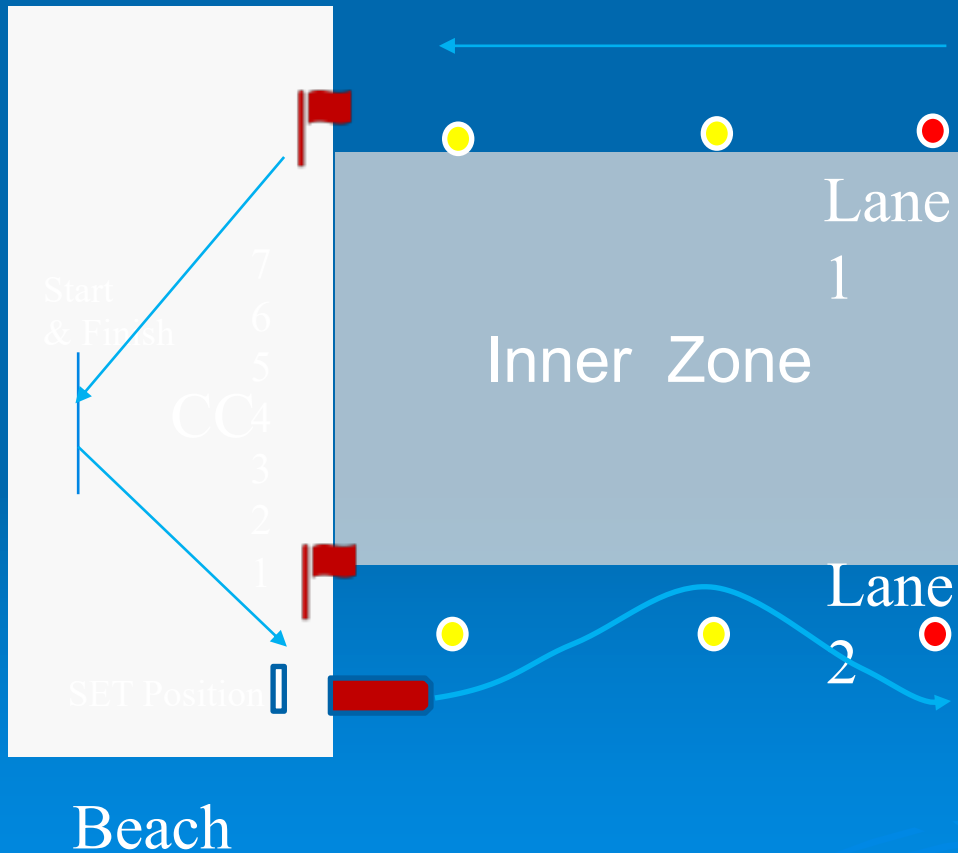


# TEAM MANAGER'S MEETING

- 1. ROLL CALL
- 2. INTRODUCTIONS – TD, POJ, OC, WR, ARF
- 3. CONFIRMATION OF ENTRIES
- 4. SAFETY, WEATHER, **HEAT**, COUNT-BACK RULE
- 5. POOL BOATS – STANDARD RIGGING
- 6. UNIFORMS – CREW & HANDLERS
- 8. BUZZERS & TIMING
- 9. MOVEMENT ON FIELD OF PLAY & ON-TIME START
- 10. RULES – from President of the Jury.....

- 1 Race Format
  - 2 Rules
  - 3 Start Procedure
  - 4 False Start
  - 5 Crew's Responsibility
  - 6 Interference
  - 7 Boat Handler
- 

# Processional Time Trial



## THE COURSE

*Run of 10-50m/ Row of 525m / Run of 10-50m*

1. One of the crew will run from the start line, around the Lane Flag, to the boat on the water in Lane 2.
2. The crew will race 250m out to the end buoy, slalom inside the 2<sup>nd</sup> buoy.
3. The crew will turn 90 degrees and row 25-30m to the Lane 1 end buoy and turn 90 degrees.
4. The crew will row 250m straight back to shore in Lane 1, keeping outside of the slalom buoys.
5. Once on the shore one of the crew will run around the Lane Flag, up the beach to the finish line.

*Note: The water area inside the Lane Flag, slalom buoys and end buoys, is termed the inner zone. This area is for crews that are being overtaken, have equipment failure or are retiring from the race. A racing crew entering this area with their hull, other than for the above reason will be awarded a penalty.*

## Boat Preparation

Racing crews should report at Control Commission (CC) to receive their boat, as it comes off the water. The crew and their boat handlers will have 3-4 minutes to prepare their boat and move it to the water, before the start of their race.

# PRE-START TIMING & COMMANDS

This diagram shows the boat positioning at the start of racing

preparation area

1

## 3min before start

Each of the race boats on numbered trestles (1-5), adjusted with oars in for the first 5 crews. Crews (1-5) & Boat handlers standing by their boats. Crews 7,8,9 etc.. Should be ready to race with their oars and report to the correct numbered trestle as soon as their boat starts. Control Commission will note their arrival. It is the crew's responsibility to be at the correct boat at the right time. Once ready boat 1 should proceed to the 'set position'. Once here they are under the control of the starter. CC should feed the next boat to the Set Position

2

## 1min before start

Starter will instruct 'Crew 1 take your boat to the water'. Runner to be behind the start line.

3

## Start time

Starter will say 'attention' 'go'

4

## 30's after first start

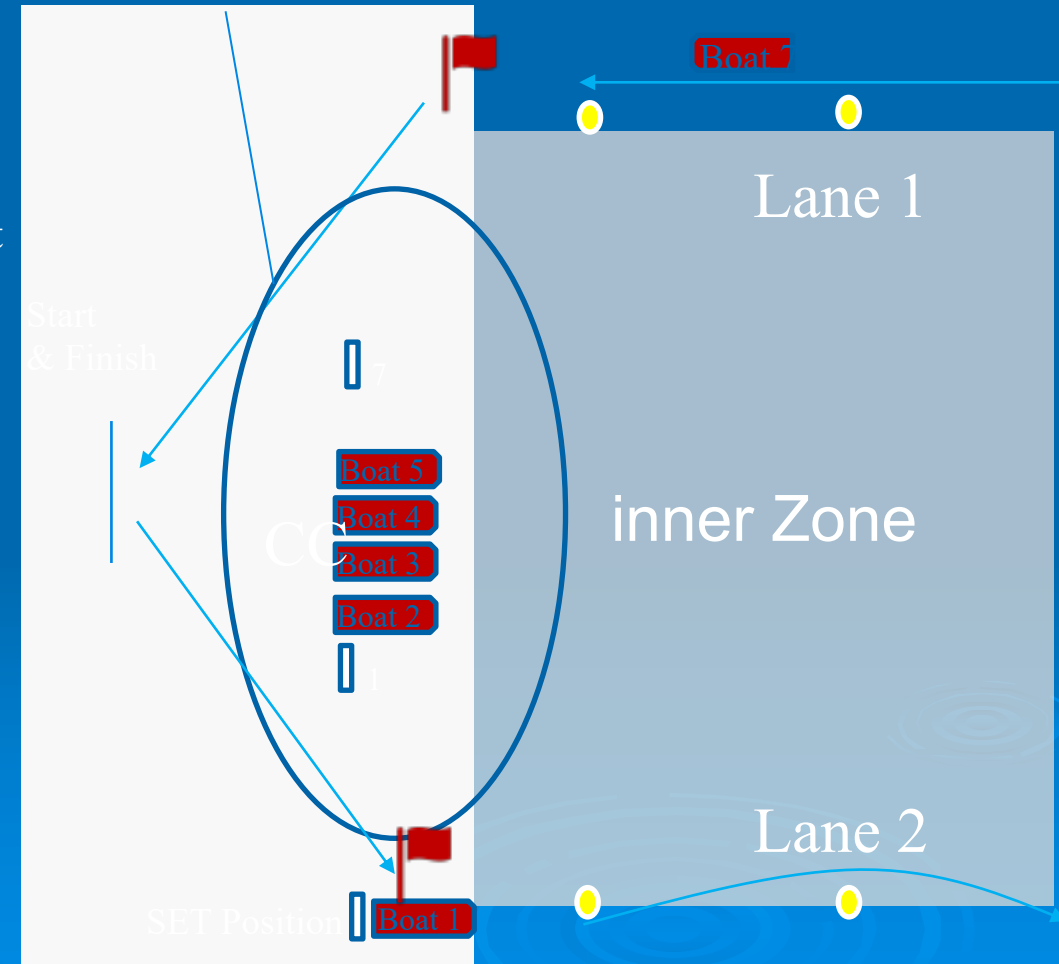
Starter will instruct 'Crew 2 take your boat to the water'. Runner to be behind the start line.

5

## Start time (60s)

Starter will say 'attention' 'go'

This will be repeated until all crews have raced.

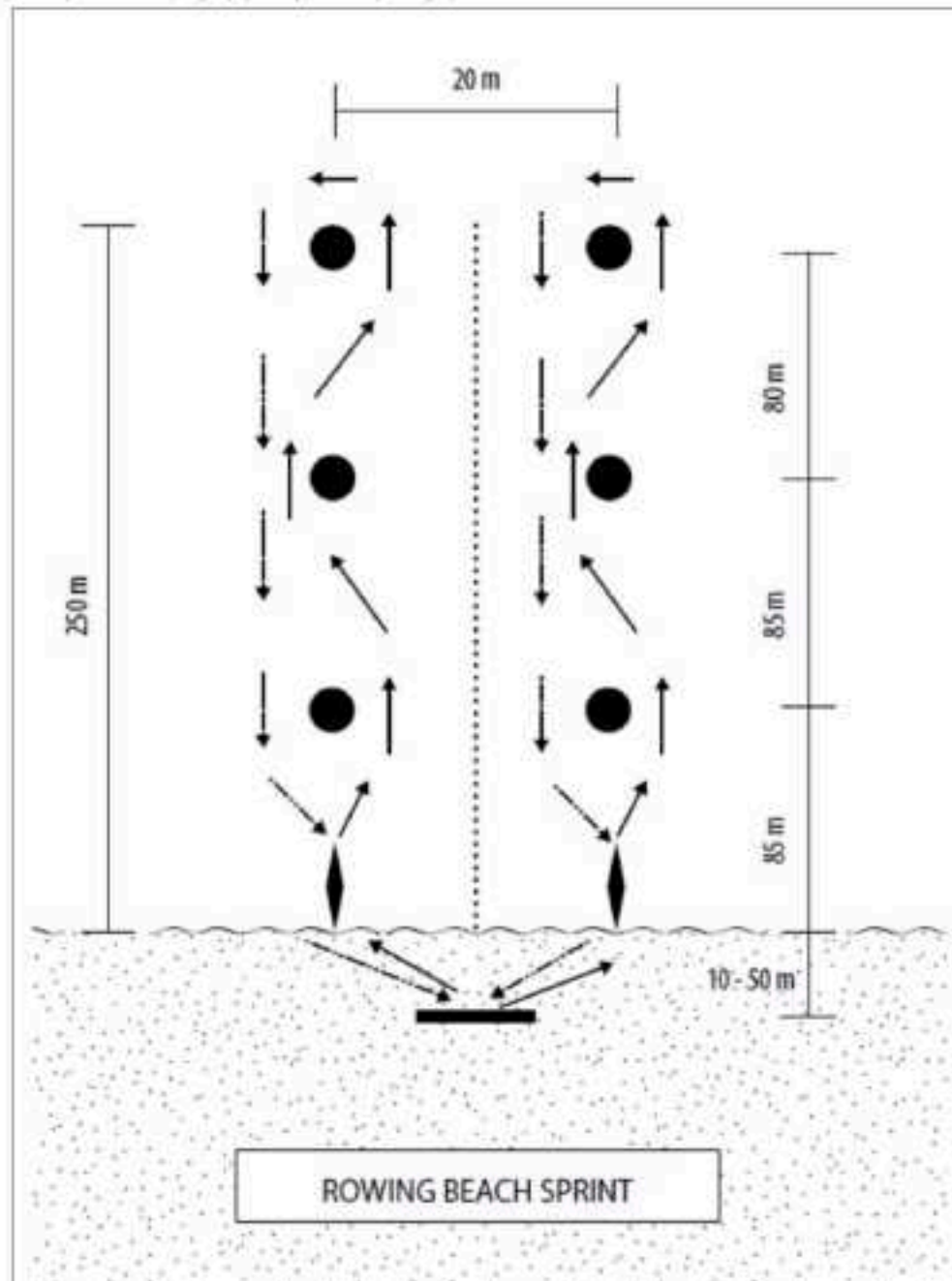


Beach

# 1 Race Format

付則図2 - オプション2

スラロームアウト/ストレートバック



## 2 Rule

### ➤ World Rowing

Rules of Racing and related bye-laws

Appendix R19 Beach Sprint Rowing Regulations

Appendix R18 Coastal Rowing Competition Regulations

### 3 Start Procedure

- -3m00s :Announcement 「3 Minutes !」  
All Crew members should be in the start area zone
- -2m45s-1m45s: Crew are introduced to the spectators  
After introduced, the crewa shall immediately return to the start position
- -1m00s-0m45s: 「One Minute」, 「Put the Boats in the Water」
- -0m30s-0m20s: 「Get ready」
- -0m20s-0m-s: 「Attention」 After a clear pause  
raise the red flag (or red light )  
→ dropping the red flag + sounding a hooter in one long blast  
(or green light)



## 4 False Start

➤ When the start signal is given

Both feet of the crew's nominated runner are not behind the start line

➤ Before the start signal is given

Any member starts to board their boat

Any part of any rower's torso or legs are in or on the boat



The Judge at the start decide false start.



award the crew 「a Yellow Card」



Two false starts → award the crew 「a Red Card」 → 「Excluded」

## 5 Crew's Responsibility (1)

a. When turning around the buoys,

crews are permitted to touch the buoys with their boat or oars, but **the keel of the boat must pass around the designated side of the buoy.**

## 5 Crew's Responsibility (2)

b. A crew must **correctly round any buoys on the course** and **must complete the full course** as designated by the OC.

- not correctly rounding the first or second buoy from the beach → **30 seconds each instance**
- not correctly rounding the third buoy from the beach → **120 seconds**

## 5 Crew's Responsibility (3)

Upon their boat reaching the beach, one crew member shall disembark and **run in the designated route to the finish point of the race.**

- After exiting the boat, each runner must **pass on the outside of the flag** placed on the water's edge in line with the lane buoys of their lane when running to the finish line.
- A runner not passing on the correct side of the flag → awarded a sanction of **a Time Penalty of 10 seconds**

## 6 Interference(1)

- A crew causes interference to its opponents if it's oars, sculls or boat encroach into the opponent's water and cause a disadvantage to its opponents by contact or by causing the other crew to change course to avoid such contact.



- **exclude** the crew
- award **a Time Penalty of 10 seconds** or **such other time as they deem appropriate**



## 7 Boat Handler (1)

- There shall be up to **two boat handlers** per boat. This can be increased to 3 in the case of difficult conditions.
- The role of the boat handler is to support the departure and arrival of the crew from and to the beach.
- The boat handler for each crew **should wear matched uniforms or a bib that comply with the Rules in respect of identification , and are clearly distinguishable from the crew.**
- The boat handler **shall at all times remain in shallow water not a above their shoulder height.**

## 7 Boat Handler (2)

- Boat handler **may not board the boat at any time** but may assist the crew in any other way, including rudder fixing ,etc.
- Boat handlers should ensure the boats are safe and fully under control when the race finishes at the beach.
- Boat handlers may point the runner towards the lane flag when they exit the boat but may not run up the beach with them.
- Boat handlers may signal crews with their hands/arms but may not use flags, whistles or other methods.
- Only the athletes and the boat handlers may enter the field of play. Coaches, team officials, and other team members may not be in the area.

## 8 Determining the Lane

- Time Trial → Random draw No.1,2,3,4-
  - Heats → Time Trial Place (Progression system)
  - Final Eight → Quarter-finals
  - Semi-finals
  - Finals
- Crew with faster time in previous round  
(crew from repechage no priority)
- ↓
- choose the lane  
no later than **10min before**  
the scheduled start time
- ↓
- inform to the C.C**



# Exceptional Cases – Rule 86

- Exceptional Cases (Rule 86)
- Should it be necessary to take decisions in exceptional cases, the President of the Jury shall appoint and preside over a body to make such decisions.
- At a World Rowing Coastal Championship (including Qualification Events) the Executive Committee or its delegate shall make decisions in exceptional cases.
- WR Delegate – Ms Fay Ho – FISA Council Member

# OTHER MATTERS

- OTHER ITEMS FROM THE OC
  - TRAINING TIMES
  - QUESTIONS FROM TEAM MANAGERS?
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