



Introduction

As part of its goals, World Rowing (WR) provides development opportunities on a regular basis for targeted Member Federations (MFs), who are identified as needing support for their crews, with the aim of supporting and enabling such MFs to participate in World Rowing key events and championships.

As part of the World Rowing Development Programme, and with the generous support of the 2023 Paris World Rowing U19 Championships (WRU19CHs) Local Organising Committee (LOC), we have the pleasure to send targeted MFs the development programme bulletin.

Please read this bulletin carefully and apply for support **no later than 30 April** 2023 using the online application form [here](#)
Make sure your national coach has completed the **WR Test Performance information** here: [Login | RowersDataBase \(rowingtest.com\)](#)

Organising Committee (OC)

Cosma, Route de Torcy, 77360 Vaires-Sur-Marne [2023 Paris World Rowing Under 19 Championships - World Rowing](#)
LOC Coordinator for the WR Development Group: Jean-Pierre Vanlondersele jp.vanlondersele@gmail.com
WR Coordinator: Daniela Gomes, daniela.gomes@worldrowing.com

Development Programme – Paris 2023 WRU19CHs – ELIGIBILITY:

Targeted MFs and their Teams will be eligible based on the following requirements: regular training and compliance with the WR Test Performance programme – (please see page 5 for detailed information); having a national selection policy; having own budgets for travel (including flight tickets, travel and medical insurance, clothing kit, general extra costs...etc.), and no outstanding debts to World Rowing.

Events Offered

A rower may compete in an Under 19 rowing event until 31st of December of the year in which he reaches the age of 18.

The following events are offered at the 2023 World Rowing Under 19 Championships:

U19 Men : JM1x, JM2x, JM2-, JM4-, JM4x, JM4+, JM8+

U19 Women : JW1x, JW2x, JW2-, JW4-, JW4x, JW4+, JW8+

Development Programme – Paris 2023 WRU19CHs– Key dates and support

As part of the 2023 Paris WRU19CHs development programme, there is support available for a maximum of 50 rowers and/or coaches. Support consists of full board accommodation in shared rooms, meals, boats rental (max two boats per nation) and local transport from 30 July – 6 August 2023 (maximum support for 7 nights).

Please note that, athletes and coaches will be housed with other athletes and coaches of the same gender from double, to quadruple occupancy rooms and shared toilets/bathrooms, and flight tickets will be at the cost of the participants/MFs, as well as any other expenses, apart from those mentioned above as being covered through the development support.

Each team can apply for development support **for a maximum of two female + two male athletes and one coach (female or male)**. An additional place for a female coach may be considered when justified at the discretion of World Rowing Development.

Invited rowers and/or coaches will be able to take part in the event from **2-6 August 2023**.

World Rowing will invite coaching experts to support the programme.

Please note that the deadline for team applications is 30 April, applications sent after the deadline will not be considered.

There is a maximum number of nations and persons that can be funded. This number depends on the number and size of the teams and quality of all the applications sent by Member Federations. However, Member Federations are welcome to send more athletes and coaches at their own cost to take part in the 2023 Paris WRU19CHs. **The application should mention the whole delegation and the extra costs should be paid directly to the Paris WRU19CHs LOC.**



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Supported MFs/participants will receive:

- **Local transport:** Airport pickup/drop off (within the limit of one round trip per team) and local transportation between venue and hotel during the WRU19CHs official period.
- **Accommodation:** Accommodation in shared rooms of the same gender (check-in from 30 July, check-out 6 August) (**maximum 7 nights**)
- **Meals:** Breakfast, lunch and dinner
- **Coaching:** Support from WR and LOC Coaches
- **Equipment:** Maximum of two boats per nation

Boats and Equipment

For participants approved by each MF and WR, equipment (maximum of two boats per nation) will be free of charge during the training and racing period.

The rental price of additional boats per seat/per day is 30,00 €.

For equipment requests the information should be sent to WR by **30 April 2023**

Each team is highly recommended to bring their own oars as all of these need to be painted on both sides in the colours of the respective federations. **This service will not be offered.**

All equipment must comply with World Rowing Rules of Racing.

Criteria

As places are limited, World Rowing will select the nations to invite following the below criteria:

- Applications will only be considered if the test performance review is received and approved by the WR Head of Coaching. These must be submitted as per instructions below using the new WR test performance website
- Commitment to a training programme and evidence of athletes and coaches participating in regular training.
- Athletes need to be able to swim in deep-water and perform a capsized drill. This is the responsibility of the respective MF to confirm.
- WR 2023 Subscription fees paid.
- Compliance with the [pre-competition health screening](#).

Key contacts and application

To make sure the arrangements are clear, please carefully read this bulletin in detail and keep in regular contact with WR and the LOC:

Daniela Gomes, daniela.gomes@worldrowing.com

LOC Coordinator for the WR Development Group: Jean-Pierre Vanlondersele jp.vanlondersele@gmail.com

As soon as possible, before **30 April 2023** please send the application to WR by submitting [this online form](#)

Please note that you also need to register the Athlete test performance on the [WR Test Perf website](#)

This application should include the **total size** of the team you intend to send to the WRU19CHs, not just the participants applying to receive support. A decision will be further made on which rowers and/or coaches will be offered the support.

- **Information about arrival and departure dates and time for a pick-up from the airport should be sent by **30 June** to: transports@rowingparis-event.com**

copy daniela.gomes@worldrowing.com

copy jp.vanlondersele@gmail.com

Please note that, International travel support is not included. MFs need to cover their own flight tickets, insurance, and all other extra costs.

Information on VISAS

If you need a visa to enter France, please urgently contact

Jean-Pierre Vanlondersele jp.vanlondersele@gmail.com

copy daniela.gomes@worldrowing.com



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Please note that the Visa issuance process can take several weeks, so you should check the requirements and apply as early as possible.

General Programme

Arrival and Official opening of the regatta venue	Sunday 30.July – 9 am
TRAINING DAYS Venue opening times: 07:45 - 19:00 hrs	Course opening: 08:00 - 18:30 hrs
2023 World Rowing U19 Championships	2-6 August 2023
RACING DAYS Venue opening times: 07:15 - 19:00 hrs	Course opening: 07:30 - 18:30 hrs
Departure	6 August 2023

Maximum 7 nights' accommodation support is offered. Any extra nights shall be covered by the MFs and paid directly to the LOC.

Prices for a limited number of additional athletes and coaches including FB accommodation at the venue and local transport:

EUR 95 single room rate per person/day
 EUR 85 double room rate per person/day
 EUR 80 four-bedroom rate per person/day
 (Shared toilets and bathrooms)
 Prices include full board with lunch at Regatta venue

For additional MF managers and extra athletes and coaches beyond the maximum capacity of LOC Development programme please consult the Event bulletin accommodation offer [here](#)

In case of insufficient accommodation at the venue a category 4 hotel is offered (subject to availability) at the following prices:

EUR 135 triple room rate per person/day
 EUR 145 double room rate per person/day
 EUR 155 single room rate per person/day

Transport

The development of the Île-de-France Region and Seine-et-Marne saw the construction of roads serving the regatta course in Vaires-sur-Marne.

The main airports Paris-Charles-de-Gaulle (24 km), Orly (36 km) and Paris-Beauvais (107 km) can be accessed via motorways, which also lead to the heart of Paris in less than 30 minutes.

Furthermore, the regatta course is located next to the Vaires-Torcy station with trains going to Paris-Est station but also next to the Marne-la-Vallée TGV station connecting the course to the national and international high-speed network

Shuttle Bus Service

AIRPORT/STATION TRANSPORT

Transport to and from airports (Charles-de-Gaulle, Orly) and Paris train stations (intramural + Marne-la-Vallée Chessy) will be organised for teams having booked accommodation packages via the Organising Committee, within the limit of one round trip per team. Final travel information must be emailed no later than June 30, 2023 to transports@rowingparis-event.com

SHUTTLE SERVICE HOTELS <> REGATTA COURSE

Bus shuttles will be available for teams between the hotels and the regatta course from Sunday July 30 to Sunday August 6, 2023. This service is made for teams who have booked accommodation packages via the LOC within the limit of 2 return trips per day. If transport is needed before July 30, requests must be made by email no later than June 30, 2023 to transports@rowingparis-event.com & accommodations@rowingparis-event.com

Transportation before official operational dates of the shuttle bus can be arranged if agreed in advance with the OC. These will be subject to additional charges.



IMPORTANT NOTE:

On Saturdays, July 30 and August 5, 2023, a ministerial decree will prohibit the circulation of coaches carrying persons under 17 years of age (including those accompanied by adults) on French territory. No delegation will be allowed to travel by coach on those two days on French territory from their country of origin to the Championships, or from the Championships to their country of origin. Shuttles from airports, train stations, hotels to the basin are not affected by this decree.

Accommodation

The LOC has reserved accommodation for the WR development group at the venue.

The cost of accommodation (including full board with breakfast, lunch and dinner provided at the venue) and local transport is supported by the LOC for 7 nights for a maximum of four athletes and one coach, previously approved by the Member Federation and World Rowing.

For additional participants, the cost of full board accommodation and local transport is mentioned above (subject to availability). Participants are encouraged to send their accommodation request well in advance, by 30 April 2023 at the latest. Accommodation within the development group must be booked via WR and the LOC using the development online application form and identifying the entire delegation, including extra persons outside of the development support. Extra participants/nights must be paid to the OC directly.

Rules of racing

Racing will be run in accordance with the [World Rowing Rules of Racing](#)

Safety and health of the rowers

It is a priority for World Rowing to preserve the health and safety of the athletes and coaches. Please read the World Rowing Statutes, Rules of Racing and kindly acknowledge Appendix S10, Bye-law to article 57 of the rules (**World Rowing Commitment Form**). Safety matters and safeguarding policy are referred to explicitly to help ensure awareness amongst participants, in terms of their responsibilities and their well-being.

Rowers may only compete at the WRU19CHs if they have submitted a signed commitment form. Each Team official must have submitted a commitment form before accreditation is issued.

Swimming ability

The ability to swim and stay afloat is essential for participants in water sports, such as rowing. The risk of tipping over or falling into the water in a rowboat can be dangerous if athletes are unable to stay afloat, and coaches need to be prepared.

Each rower taking part in the development programme at the WRU19CHs shall ensure that they have a state of health and fitness which allows them to compete at a level commensurate with a world level event; and they have a basic swimming ability, including being able to swim 50 m and keep their head above water unassisted for three minutes.

Accordingly, prior to attending the WRCHs, all national rowing federation officials need to verify athlete compliance with the safety and health of the rowers. Likewise, all rowers, unless they are athletes who are known to have already performed the capsized drill, must have completed the capsized drill with safe recovery.

Swim tests and capsized drills must be held in pools with at least two lifeguards present. World Rowing recommends that you contact your national swimming federation and ask for guidance, if necessary. Swim tests should never be conducted in open water. Each national federation is required to certify the swimming ability for each rower submitted to participate in a World Rowing development activity.

It is recommended that members of the federation carefully read the guidelines of the British federation on swimming competitions found in section 3.6 of RowSafe, available at the link below:

<https://www.britishrowing.org/wp-content/uploads/2022/05/2022-RowSafe.pdf>

Please note that all rowers must have completed a pre-competition health screening as per the World Rowing rule book, by laws to rule 14 – safety and health of rowers.



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Insurance & Liability

The participants are responsible for insurance costs of equipment and persons. The Organising Committee declines all liabilities for all kinds of damage in the area of the regatta. Participants are solely responsible for themselves and the material used. The OC is not responsible for damages that may occur in France.

Each Member Federation shall ensure that it has adequate and appropriate insurance cover in place for each of its rowers and accompanying team officials (including delegates) for at least the duration of the event and the period of travel to and from. We refer to Rule 15 – insurance on the WR rule book for “adequate and appropriate insurance cover”.

It is mandatory that all participants have medical and incident insurance abroad.

Weather

For weather updates please visit: [Vaires-sur-Marne, Seine-et-Marne, France Weather Forecast | AccuWeather](#)

Test Performance Programme

Teams wishing to be considered for development support are required to provide testing results during the pre-regatta season from January 2023 as per the test performance protocol. Please submit your test performance results here: [Login | RowersDataBase \(rowingtest.com\)](#)

The test performance tutorial can be found here: [Rowing Test Tutorial - Tutorial](#)

If you have any questions about the test performance please contact WR Head of Coaching Giovanni Postiglione at postiglione1gianni@gmail.com