



2023 World Rowing Americas
para rowing training camp
19 - 23 June and
Rio international regatta
24-25 June 2023
Rio, Brazil
Bulletin No. 1

Organising Committee (OC):
CBR Avenida Graça Aranha, 145, Sala
709, Centro, Rio de Janeiro,
RJ – 20030-003
Person of contact: Marcelo Santos
Email: marceloremorio@gmail.com

Introduction

World Rowing and the Confederação Brasileira de Remo /CBR) will host a para rowing training camp in Rio de Janeiro in 2023 to help identify and train para rowing athletes from nations in the Americas. This training camp will finish with an international regatta.

The focus of this camp is to identify and train athletes whom are able to compete in the Paris 2024 Qualification Regatta and support para rowing programmes of developing nations in general, as a part of the lead up to Paris 2024

Proposed Paris 2024 Paralympic Games Qualification for Rowing

As reported in the Circular No 5 of 2021 dated 6 October 2021, there will now be five events in the Paralympic rowing programme: the PR1 Men's Single Sculls, the PR1 Women's Single Sculls, the PR2 Mixed Double Sculls, the PR3 Mixed Coxed Four and the PR3 Mixed Double Sculls.

The current proposal is to have the following allocation of quota places for each of the continental qualification regattas:

- 1 PR1M1x
- 1 PR1W1x
- 1 PR3Mix2x

We are looking for athletes within the above-mentioned events (PR1M1x, PR1W1x, PR3Mix2x).

We advise those National Rowing Federations who have not yet started talent ID work to reach out to your National Paralympic Committee or other sports which have para-athletes already and ask them if they want to try out for para rowing. Reaching out to organisations that treat people with impairments is another option to find people (hospitals, army etc.).

All athletes must be able to swim by the time they come to the training camp. Novice swimmers should be assisted to work with the national swim federation for basic training.

Please do not hesitate to contact World Rowing if you have questions or need support.

More information can be found here: [Para-Rowing Classification - World Rowing](#)

Road to Paris

World Rowing aims to grow para rowing in all continents and have athletes and coaches compete at the continental and world level. World Rowing will invite para rowing teams and support them in their pathway towards Paris 2024. Member Federations who accept this invitation must commit to develop the sport throughout this Olympic cycle (keep the crews training and competing until Paris 2024, invest into (further) developing their para rowing programmes).

World Rowing will offer support through its development programme to cover:

- 7 nights' accommodation, meals, local transport, and equipment during the training camp and regatta for one female athlete, one male athlete, one coach and one trainee classifier.



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Programme - Para rowing Education, Training and International Regatta

The activities will include a para rowing training camp, and a para rowing classification training, ahead of the international para rowing regatta, as follows:

Arrival:	June 18,2023
Training Camp starts:	June 19, 2023
Workshop for classifiers and Classification	June 22-23, 2023
2023 International para rowing regatta*	June 24-25, 2023
Departure (end of day)	June 25, 2023

*classification of athletes (to be confirmed)

The Rio international para rowing regatta event will take place in the Paralympic Venue, Lagoa Rodrigues de Freitas. Events offered are: PR1M1x, PR1W1x, PR3Mix2x

Funding

The programme has funding for a maximum of two athletes, one coach and one trainee classifier per nation, for a maximum of 7 nights. There is a maximum number of nations and persons that can be funded. This number depends on the number and size of the teams and quality of all the applications sent by Member Federations. Federations are welcome to send more athletes and coaches at their own cost to take part in the training camp if the Chief Classifier confirms the athlete(s) is likely eligible for para rowing.

Funded MFs will receive:

- Airport pickup/drop off
- Accommodations in twin rooms, shared (check-in June 18,2023, check-out June 25, 2023) maximum 7 nights' support
- Meals: breakfast, lunch, dinner
- Boats and equipment during the training camp and regatta
- Support from World Rowing and CBR (Brazilian Rowing Federation) coaches
- Participation in the Rio International Para Rowing Regatta at the conclusion of camp

Criteria

As places are limited, World Rowing will select the nations to invite to the camp following the below criteria:

Compulsory:

- The MF must register a team in Paralympic boat classes only, specifically the boat classes planned for the Continental Paralympic Qualification regatta
 - o PR1M1x or PR1W1x
 - o PR3Mix2x: 1 male and 1 female
- Each boat class requires different classified athletes and number in the boat.
A description of these sport classes can be found at the World Rowing webpage [Para-Rowing Classification - World Rowing](#)
- Commitment to a training programme and evidence of athletes and coaches participating in regular training.
- Athletes need to be able to swim in deep-water and perform a capsize drill. This will be tested at the camp.
- Commitment of the team to keep training until the 2024 Paris Paralympic Games.
- Commitment to cover the travel costs (including international travel, insurance and all other travel costs)



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In addition, World Rowing would like to recommend that your NF shares the following links for brief online learning opportunities with the athletes and coaches who will be taking part in this activity. The athletes and coaches should send the corresponding certificate to daniela.gomes@worldrowing.com

- Anti-doping (athletes):

<https://adel.wada-ama.org/learn/course/external/view/elearning/16/athletes-guide-to-the-2021-code-english>

- Anti-doping (coaches): [ADEL for High Performance Coaches](#)
- Safeguarding and protection of athletes (athletes and coaches)

<https://www.olympic.org/athlete365/courses/safeguarding-athletes-from-harassment-and-abuse/>

Preferred:

- MFs who have not participated in the Paralympic Games will be given priority to receive support.
- MFs who nominate at least one female athlete to attend will be given priority to receive support.
- Athletes and Coaches who have submitted the Anti-doping and Safeguarding courses Certificates to daniela.gomes@worldrowing.com

MFs who have been approved for support will be notified no later than 20 April 2023. All dependent on available budgets and resources.

Application

To ensure that the information for the regatta is clear, we ask you to keep in touch with the Organising Committee (OC) and with World Rowing

Email: marceloremorio@gmail.com
daniela.gomes@worldrowing.com

As soon as possible please send an email with the following information to the above-mentioned contacts:

- Form 1 for each of the applicants (athletes & coach) by 8 May 2023, noon CET
- Form 2 for the entire delegation by 8 May 2023, noon CET
- Information about accommodation booking for your team needs (number of twin and single rooms) by 8 May 2023, noon CET
- Information about arrival and departure time for a pick-up from the airport by 1 June 2023
- International travel support is not included. We suggest you may reach out to your respective NPC and submit a request for support through the NPC development programme – athlete support programme.

INFORMATION ON VISAS

If you need a Visa Invitation, please send the name list showing passport details and nationality by email as soon as possible to marceloremorio@gmail.com

Please note that the Visa issuance process can take several weeks, so you should apply as early as possible.

Rules of racing

Racing will be run in accordance with the [World Rowing Rules of Racing](#) and “[Para rowing competition regulations – Event regulations and/or departures from the World Rowing Rules of Racing](#)”



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Safety and health of the rowers

The ability to swim and stay afloat is essential for participants in water sports, such as rowing. The risk of tipping over or falling into the water in a rowboat can be dangerous if athletes are unable to stay afloat, and coaches need to be prepared.

Each rower taking part in the WR-CBR Training camp and Rio International Para Rowing Regatta shall ensure that they have a state of health and fitness which allows them to compete at a level commensurate with a para rowing world level event; and they have a basic swimming ability, including being able to swim 50 m and keep their head above water unassisted for three minutes.

Accordingly, prior to attending the Americas para rowing training camp and Rio International para rowing regatta, all national rowing federation officials need to verify athlete compliance with the safety and health of the rowers. Likewise, all rowers, unless they are athletes who are known to have already performed the capsize drill, must have completed the capsize drill with safe recovery.

Swim tests and capsize drills must be held in pools with at least two lifeguards present. World Rowing recommends that you contact your national swimming federation and ask for guidance, if necessary. Swim tests should never be conducted in open water. Each national federation is required to certify the swimming ability for each rower submitted to participate in a World Rowing training camp or activity.

It is recommended that members of the federation carefully read the guidelines of the British federation on swimming competitions found in section 3.6 of RowSafe, available at the link below:

<https://www.britishrowing.org/wp-content/uploads/2018/10/Row-Safe-April-2018.pdf>

Please note that all rowers must have completed a pre-competition health screening as per the World Rowing rule book, by laws to rule 14 – safety and health of rowers.

Commitment Form

Rowers may only compete at the Rio International Para Rowing Regatta if they have submitted a signed commitment form. Each Team official must have submitted a commitment form before accreditation is issued.

Transport

Shuttle Bus Service

Arrival and departure transfer service will be provided on the 18th and 25th June only. Transfers outside of these dates will have a cost. Kindly contact the OC for more information.

A Shuttle bus service will operate connecting the regatta course and the official hotel from 19 to 25 June 2023, according to the timetable. This will be available to all those taking part in training camp and the International Para Rowing Regatta.

The transport fee is included in the accommodation costs.

Accommodation

The Organising Committee has reserved hotels in the vicinity of the venue, as the official facilities for the WR para rowing the training camp.

The cost of accommodation (including full board with breakfast and dinner at the hotel) and local transport is supported by World Rowing from 18 to 25 June (up to 7 nights) for a maximum of three (3) participants per team, previously approved by the Member Federation (one or two para rowers, one (1) male and/or one (1) female, and one (1) para coach, male or female).

For additional participants, the cost of accommodation and local transport will be communicated as soon as agreed with the relevant facilities. Additional participants are encouraged to send their accommodation request well in advance. Accommodation must be booked through the Organising Committee via email:

marceloremorio@gmail.com



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Boats and Equipment

For participants approved by each MF and WR, equipment (maximum of two boats per nation) will be free of charge during the training and racing period.

The rental price of additional boats with oars per seat/per day is 30,00 €.

For equipment requests the information should be sent to the WR/OC by 15 May 2023.

Each team is highly recommended to bring their own oars and sculls as all of these need to be painted on both sides in the colours of the respective federations.

All boats and other equipment must comply with World Rowing Rules of Racing.

Weather

For up to the minute weather please visit:

<https://www.accuweather.com/pt/br/ipanema/2729718/weather-forecast/2729718>