



Development Support
2023 ERCH
25-28 May 2023
Bled, Slovenia
Bulletin No. 1



Local Organising Committee (LOC)

2023 Bled ERCH Local Organising Committee (LOC)

Bled Rowing OC, Zupanciceva ulica 9, SI-4260 Bled, Slovenia

WR Website: <https://worldrowing.com/event/2023-european-rowing-championships>

OC Website: <https://www.bledrowing.com/regattas/2023-european-rowing-championships/>

Coordinators for the World Rowing Development Group:

Daniela Gomes: daniela.gomes@worldrowing.com

Jernej Slivnik: jernei.slivnik@vzs.si

Jaka Malesic: jaka.malesic1@gmail.com

Introduction

As part of its goals, World Rowing and European Rowing provide development opportunities on a regular basis for targeted Member Federations (MFs), who are identified as needing support for their crews, with the aim of supporting and enabling participation in World and Continental level key events and championships.

As part of the European Rowing Development Programme, and with the generous support of the Bled ERCH LOC, we have the pleasure to send targeted MFs the development programme bulletin.

Please read this bulletin carefully and apply for support no later than 5 April 2023, using the application form attached.

Development Programme – Bled 2023 – Eligibility

Targeted MFs and their Teams will be eligible based on the following requirements: regular training and compliance with the WR Test Performance programme; having a national selection policy; having own budgets for travel (including flight tickets), insurance, COVID-19 PCR tests (if applicable), clothing kit, general extra costs... etc, and no outstanding debts to World Rowing or European Rowing.

Test Performance Programme – Pre-requisite

Teams wishing to be considered for development support are required to provide testing results during the pre-regatta season from January 2023 as per the test performance protocol. Please submit your test performance results here: [Login | RowersDataBase \(rowingtest.com\)](#)

The test performance tutorial can be found here: [Rowing Test Tutorial - Tutorial](#)

For any questions regarding the **Test Performance Programme** please contact Giovanni Postiglione postiglione1gianni@gmail.com

Development Programme - Bled 2023 – Key dates and support

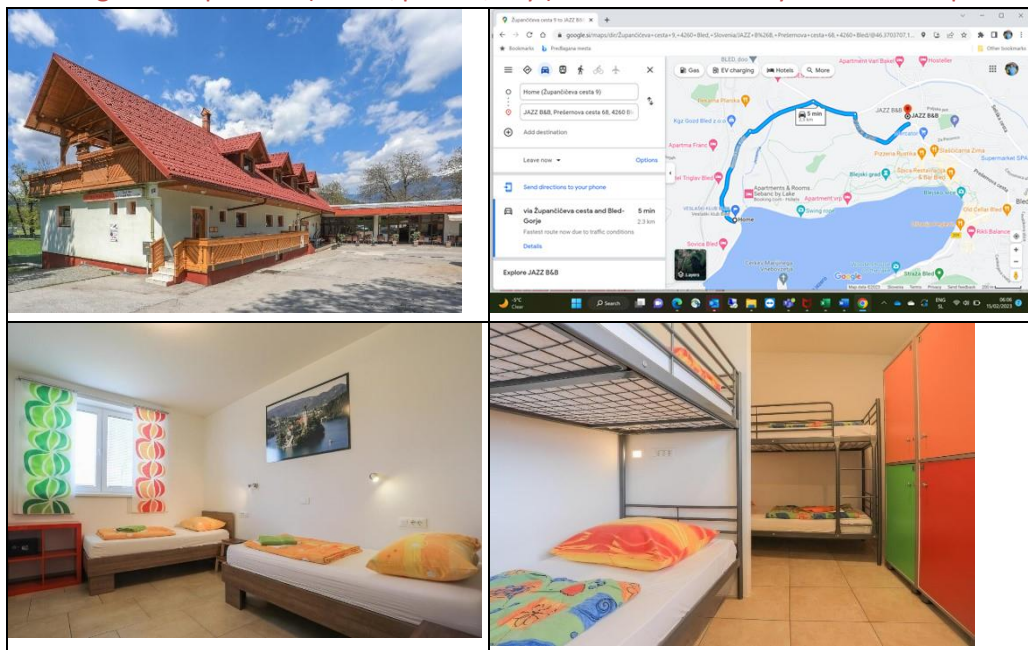
As part of the 2023 Bled ERCH development programme, there is support available for a maximum of 15 rowers and/or coaches. Each team can apply for development support **for a maximum of one female + one male athlete and one coach (female or male)**. An additional place for a female coach may be considered when justified at the discretion of World Rowing Development team. Please note that the deadline for team applications **is 5 April 2023**, applications sent after the deadline will not be considered.

There is a maximum number of nations and persons that can be funded. This number depends on the number and size of the teams and quality of all the applications sent by MFs. However, MFs are welcome to send more athletes and coaches at their own cost to take part in the Bled 2023 ERCH. **The extra costs need to be quoted and should be paid directly to the Bled LOC.**

Support consists of:

- **Accommodation:** Accommodation at Pension JAZZ (Presernova cesta 68, SI-4260 Bled) in shared multiple occupancy rooms of the same gender (check-in 23 May, check-out 28 May) (**maximum 5 nights accommodation support is offered**)
- **Hotel-Venue-Hotel Transport and pick up / drop off from/to the Ljubljana Airport**
- **Meals:** Breakfast, lunch, dinner (breakfast and dinner at guesthouse and lunch at the venue)
- **Coaching:** Support from World Rowing Coaches
- **Equipment:** Maximum of two boats loaned per nation

Costs for extra nights and participants are not included. Maximum 5 nights' accommodation support is offered. Any extra nights and persons (95 Eur/person/day) shall be covered by the MFs and paid directly to the OC.



Entries and accreditation

Please observe the entries and accreditations deadline: **Friday, 12 May 2023**

Entries and accreditation must be made online through: <https://rowingtwo.sportresult.com/>

For any questions regarding the entry and accreditation process please contact Monika Briedyte (monika.briedyte@worldrowing.com) and Prateek Gumbar (prateek.gumbar@worldrowing.com)

Boats and Equipment

For participants approved, equipment (maximum of two boats per nation) will be free of charge from 23-28 May. The rental price of additional boats per seat/per day is € 30.

For equipment requests the information should be sent to WR **by 5 April 2023**.

Each team is highly recommended to bring their own oars as all of these need to be painted on both sides in the colours of the respective federations. This service will not be offered.

All equipment must comply with World Rowing Rules of Racing.

Criteria

As places are limited, World Rowing will select the nations to invite following the below criteria:

- Required test performance submitted and approved by the World Rowing Head of Coaching.
- Commitment to a training programme and evidence of athletes and coaches participating in regular training.



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- Athletes need to be able to swim in deep-water and perform a capsized drill. This is the responsibility of the National Federation to confirm.
- No outstanding debts to WR and European Rowing.
- Compliance with the [pre-competition health screening](#).

Key contacts and application

To make sure the arrangements are clear, please read this bulletin in detail and keep in regular contact with World Rowing and the Organising Committee:

Daniela Gomes: daniela.gomes@worldrowing.com

Jernej Slivnik: jernej.slivnik@vzs.si

Jaka Malesic: jaka.malesic1@gmail.com

As soon as possible, please send an email with the following information to the above-mentioned contacts (**deadline 5 April 2023**):

Application Form for Dev Support- Bled 2023 ERCH completed with the applicants' details (athletes & coach)

Athlete test performance registered on the WR [test performance website](#)

This application should include the total size of the team you intend to send to the ERCH, not just the participants applying to receive support.

General Programme

Arrival	23 May 2023
2022 ERCHs	25 - 28 May 2023
Departure	28 May 2023

Transport

Please note that:

International travel support is not included. MFs need to cover their own flight tickets or other travel arrangements.

Airport

Transportation from and to the Ljubljana Airport: 25 min-drive from Bled will be provided free of charge for participants supported through the development programme. **Information about arrival and departure dates should be sent by 15 April 2023** at the latest to:

Daniela Gomes: daniela.gomes@worldrowing.com

Jernej Slivnik: jernej.slivnik@vzs.si

Jaka Malesic: jaka.malesic1@gmail.com

Hotel-Venue-Hotel

A Shuttle bus service will operate connecting the regatta course and the official hotel from 23 to 28 May 2023, according to the timetable to be announced by the OC in due time. An on-line shuttle bus booking form must be submitted prior arrival.

The transport fee for the above-mentioned period are included in the accommodation costs. Any other arrangements need to be agreed with the LOC in advance and additional charges to be paid by the MF directly to the LOC.

Rules of racing



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25-28 May 2023
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Bulletin No. 1



Racing will be run in accordance with the [World Rowing Rules of Racing](#)

Safety and health of the rowers

It is a priority for World Rowing to preserve the health and safety of the athletes and coaches. Please read the World Rowing Statutes, Rules of Racing and kindly acknowledge Appendix S10, Bye-law to article 57 of the rules (**World Rowing Commitment Form**). Safety matters and safeguarding policy are referred to explicitly to help ensure awareness amongst participants, in terms of their responsibilities and their well-being.

Rowers may only compete at the World Rowing Championships if they have submitted a signed commitment form. Each Team official must have submitted a commitment form before accreditation is issued.

Swimming ability

The ability to swim and stay afloat is essential for participants in water sports, such as rowing. The risk of tipping over or falling into the water in a rowboat can be dangerous if athletes are unable to stay afloat, and coaches need to be prepared. Each rower taking part in the development programme at the ERCH shall ensure that they have a state of health and fitness which allows them to compete at a level commensurate with a world level event; and they have a basic swimming ability, including being able to swim 50 m and keep their head above water unassisted for three minutes. Accordingly, prior to attending the ERCH, all national rowing federation officials need to verify athlete compliance with the safety and health of the rowers. Likewise, all rowers, unless they are athletes who are known to have already performed the capsized drill, must have completed the capsized drill with safe recovery.

Swim tests and capsized drills must be held in pools with at least two lifeguards present. World Rowing recommends that you contact your national swimming federation and ask for guidance, if necessary. Swim tests should never be conducted in open water. Each national federation is required to certify the swimming ability for each rower submitted to participate in a World Rowing development activity.

It is recommended that members of the federation carefully read the guidelines of the British federation on swimming competitions found in section 3.6 of RowSafe, available at the link below:

<https://www.britishrowing.org/wp-content/uploads/2018/10/Row-Safe-April-2018.pdf>

Please note that all rowers must have completed a [pre-competition health screening](#) as per the World Rowing rule book, by laws to rule 14 – safety and health of rowers.

Insurance & Liability

The participants are responsible for insurance costs of equipment and persons. The Organising Committee declines all liabilities for all kinds of damage in the area of the regatta. Participants are solely responsible for themselves and the material used. The OC is not responsible for damages that may occur at the event.

Each MF shall ensure that it has adequate and appropriate insurance cover in place for each of its rowers and accompanying team officials (including delegates) for at least the duration of the event and the period of travel to and from. We refer to Rule 15 – insurance on the WR rule book for “adequate and appropriate insurance cover”.

[World Rowing Rules of Racing](#)

Weather

For weather updates please visit: <https://meteo.arso.gov.si/met/en/>