



2024 World Rowing Senior, Under 23 & Under 19 Championships, St Catharines, Canada

Programme as of 7 August 2024 V.1

Main schedule table with columns for days (Friday 16-Aug to Sunday 25-Aug) and rows for various rowing events (e.g., HEATS, SEMIS C/D, FINALS D) and specific race details (Event #, Start Time, Category, Race Type).

Remarks: 1. Preliminary races are marked with \* and participation is mandatory. 2. All times indicated are local times. 3. The last victory ceremony will finish approx. 20 minutes after the start of the last race.

Venue Opening: The venue is officially opened from Wednesday 14 August 8:30 am.

Training times for training days: 14 - 16 August: 09:00-12:00 / 13:00-19:00 and 17 August: 07:30-12:00 / 13:00-19:00

Legend table defining abbreviations for boat classes and events, such as LW1x (Lightweight Women's Single Sculls), BM4+ (U23 Men's Coxed Four), and JW4+ (U19 Women's Coxed Four).