



2025 World Rowing Under 19 Championships - Trakai, Lithuania

Programme as of 9 August 2025 V.4

MONDAY 4-Aug		TUESDAY 5-Aug		WEDNESDAY 6-Aug		THURSDAY 7-Aug		FRIDAY 8-Aug		SATURDAY 9-Aug		SUNDAY 10-Aug		
							HEATS		FINALS D		FINALS D		FINALS B	
		10:00-11:30hrs Practice Starts		10:30	JW2-	10:30		10:30	JM1x	10:30	JM4x	09:00	JW2-	
				10:36	JW2-	10:36		10:36	JM2x	10:36	JW1x	09:05	JM2-	
				10:42	JW2-							09:10	JW4-	
				10:48	JM2-				FINALS C		FINALS C	09:15	JM4-	
				10:54	JM2-	10:42		10:42	JM1x	10:44	JM2-	09:20	JW4x	
				11:00	JM2-	10:48		10:48	JW2x	10:50	JW4-	09:25	JM4x	
				11:06	JM2-	10:54		10:54	JM2x	10:56	JM4-	09:30	JW2x	
				11:14	JW4-					11:02	JM4x	09:35	JM2x	
		12:00 hrs TM Meeting DRAW		11:20	JW4-					11:08	JW1x	09:40	JW1x	
				11:26	JW4-				Q-FINALS				09:45	JM1x
				11:32	JM4-	11:02			JW1x	13:10	Star Race	09:50	JM8+	
				11:38	JM4-	11:08			JW1x					
				11:44	JM4-	11:14			JW1x		SEMIFINALS			
				11:50	JW4x	11:20			JW1x	13:25	JW2-			
				11:56	JW4x					13:34	JW2-			
	15:00 hrs Preliminary TM Meeting	14:30 hrs Spares Races		12:02	JW4x				SEMIFINALS	13:43	JM2-		FINALS A	
				12:08	JM4x	11:28			JW2x	13:52	JM2-	10:00	JW2-	
				12:14	JM4x	11:34			JW2x	14:01	JW4-	10:11	JM2-	
				12:20	JM4x	11:40			JM2x	14:10	JW4-	10:25	JW4-	
				12:26	JM4x	11:46			JM2x	14:19	JM4-	10:39	JM4-	
		HEATS		12:34	*JW8+					14:28	JM4-	10:53	JW4x	
		16:00	JW1x	12:40	JM8+					14:37	JW4x	11:07	JM4x	
		16:05	JW1x	12:46	JM8+					14:46	JW4x	11:21	JW2x	
		16:10	JW1x							14:55	JM4x	11:36	JM2x	
		16:15	JW1x							15:04	JM4x	11:50	JW8+	
	17:20hrs Opening Ceremony	16:20	JW1x							15:15	JW1x	12:04	JM1x	
		16:25	JM1x							15:24	JW1x	12:20	JW1x	
		16:30	JM1x							15:33	JM1x	12:35	JM8+	
		16:35	JM1x							15:42	JM1x			
		16:40	JM1x											
		16:47	JW2x											
		16:52	JW2x											
		16:57	JW2x											
		17:02	JM2x											
		17:07	JM2x											
		17:12	JM2x											
		17:17	JM2x											
Entries														
Event	#													
JW1x	25													
JM1x	23													
JW2-	13													
JM2-	19													
JW2x	18													
JM2x	23													
JW4-	15													
JM4-	16													
JW4x	13													
JM4x	21													
JW8+	6													
JM8+	9													
											20:00hrs Nations Dinner			

Remarks:

1. Preliminary races are marked with * and participation is mandatory.
2. All times indicated are local times (UTC +3:00).
3. The last victory ceremony will finish approx. 15 minutes after the start of the last race.

Venue Opening:

The venue is officially opened from Sunday, 3 August. Please see Team Managers' Manual for further details.

Sunday, 3 August - Sunday, 10 August: 07:45 - 19:00

Training times:

Sunday - Monday: 08:00 - 18:30

Tuesday: 08:00 - 17:30

Wednesday: 08:00 - 14:00, from 15 minutes after the start of the last race until 18:30.

Thursday-Friday: 08:00 - 10:00, from 15 minutes after the start of the last race until 18:30.

Saturday: 08:00 - 10:00, 11:23 - 12:40, from 15 minutes after the start of the last afternoon race until 18:30.

Sunday: 07:45 - 08:30. No training after the last race on Sunday.