







Main Points of Contact

 World Rowing Development Manager: Inas Hussein, <u>inas.hussein@worldrowing.com</u>

Introduction

As part of its ongoing commitment to regional development, World Rowing regularly provides continent-focused opportunities to support Member Federations in their rowing development pathway and preparation for key continental and world events. These initiatives are designed to support and enhance athlete training, build local capacity, and advance coaching and technical education.

Prior to the 2025 Asian Rowing Championships, and in close collaboration with the Asian Rowing Federation (ARF) and Vietnam Canoeing, Rowing and Sailing Federation (VCRSF), World Rowing is organising a training camp from 12-15 October 2025.

<u>Please read</u> this bulletin carefully and send your application to Inas Hussein, <u>inas.hussein@worldrowing.com</u> <u>no later than 01 August 2025</u> following the application process explained below.

Activities Timeline & Application Process

Arrival	12 October 2025
World Rowing Development Training Camp	13-15 October 2025 (3 days)
Asian Rowing Championships	16-19 October 2025
Departure	20 October 2025

MFs can apply for <u>1 female and 1 male athlete and 1 coach (female or male)</u> sending their full name, date of birth and a copy of their passport to Inas Hussein, <u>inas.hussein@worldrowing.com</u> <u>no later than 01 August 2025.</u>

In addition, MFs are required to provide testing results as per the test performance protocol for the proposed athletes. Please submit your test performance results here: Login | RowersDataBase (rowingtest.com)
The test performance tutorial can be found here: Rowing Test Tutorial
For test performance programme related questions please contact the WR Lead Coaching Expert for Asia Chris Perry at cxiperry@gmail.com.

Please note that participation in the Asian Rowing Championships <u>is mandatory</u>. If you plan to apply for joining the World Rowing Development Training Camp, you must also enter the crews and participate in the event.

<u>Training camp places are limited and will be allocated on a first come, first served basis, taking the quality of applications into consideration.</u>









Development Programme Support

MFs whose applications have been accepted by World Rowing Development will benefit from the following support:

- <u>Local accommodation</u>: Accommodation in shared rooms of the same gender for a maximum of (4) nights per participant with arrival on 12 October. Each Member Federation is responsible for covering the accommodation cost for the championships' days.
- Meals: Breakfast, lunch, dinner for 4 days.
- Coaching & Training support: for the athletes and coaches enrolled in the training camp.
- **Equipment:** Free access to boats during the training camp days supported by ARF. Teams are responsible for renting their own oars as per the information provided in the event bulletin.
- Airport and local transportation support.
- <u>Logistical support</u> through the World Rowing Development Team.

Accommodation

The WR Development Programme participants will be housed at *Vinpearl Hai Phong Rivera*, which is the official accommodation for the Championships.

Beyond the 4 nights per person and team members supported through the World Rowing Development Programme, the price per person/per night for additional participants/nights is as follows:

- Single Occupancy Room (Full board/day) = 110\$ USD
- Twin Occupancy Room (Full board/person/day) = 80\$ USD

Entry for the Asian Rowing Championships

Upon the confirmation of your participation in the World Rowing Development Training Camp, the entry forms and deadline will be shared with you.

The 2025 Asian Rowing Championships will consist of the following events:

Men: M1X, LM1X, M2X, LM2X, M2-, LM2-, M4X, LM4X, LM4-, M8+ Women: W1X, LW1X, W2X, LW2X, W2-, LW2-, W4X, LW4X, W4-, W8+

Additional information can be found in the attached event bulletin.

Information on Visa Requirements

Upon the confirmation of your participation in the World Rowing Development Training Camp, information on the visa invitation letter for those who need it will be shared.









Transport/Airport of Arrival

Please refer to the event bulletin attached.

Please note that transportation will be arranged directly with the OC for the Member Federations confirmed in the World Rowing Training Camp provided the arrival/departure details are sent to Inas Hussein, inas.hussein@worldrowing.com no later than 18 August 2025.

Safety and Health of the Rowers

It is a priority for World Rowing to preserve the health and safety of the athletes and coaches. Please read the World Rowing Statutes, Rules of Racing and kindly acknowledge the (**World Rowing Commitment Form**) here Rowers may only compete at the World Rowing Championships if they have submitted a signed commitment form. Each Team official must have submitted a commitment form before accreditation is issued.

Swimming ability

The ability to swim and stay afloat is essential for participants in water sports, such as rowing. The risk of tipping over or falling into the water in a rowboat can be dangerous if athletes are unable to stay afloat, and coaches need to be prepared.

Each rower taking part in the development programme shall ensure that they have a state of health and fitness which allows them to compete at a level commensurate with a world level event; and they have a basic swimming ability, including being able to swim 50 m and keep their head above water unassisted for three minutes.

Accordingly, prior to attending the Event, all national rowing federation officials need to verify athlete compliance with the safety and health of the rowers. Likewise, all rowers, unless they are athletes who are known to have already performed the capsize drill, must have completed the capsize drill with safe recovery. Swim tests and capsize drills must be held in pools with at least two lifeguards present. World Rowing recommends that you contact your national swimming federation and ask for guidance, if necessary. Swim tests should never be conducted in open water. Each national federation is required to certify the swimming

It is recommended that members of the federation carefully read the guidelines of the British federation on swimming competitions found in section 3.6 of RowSafe, available at the link below:

https://www.britishrowing.org/wp-content/uploads/2023/11/2023-RowSafe.pdf

ability for each rower submitted to participate in a World Rowing development activity.

Please note that all rowers must have completed a pre-competition health screening as per the World Rowing rule book.

Insurance & Liability

The participants are responsible for insurance costs of equipment and persons. World Rowing and the Organising Committee declines all liabilities for all kinds of damage in the area of the regatta. Participants are solely responsible for themselves, and the material used. The OC is not responsible for damages that may occur in Vietnam.

Each Member Federation shall ensure that it has adequate and appropriate insurance cover in place for each of its rowers and accompanying team officials (including delegates) for at least the duration of the event and the period of travel to and from. We refer to Rule 15 – insurance on the <u>WR rule book</u> for "adequate and appropriate insurance cover".

It is mandatory that all participants have medical and incident insurance abroad.









Safeguarding & Wellbeing

World Rowing believes that it is a fundamental right of all individuals involved with World Rowing to be able to participate in a non-violent, safe, and respectful environment.

World Rowing acknowledges its duty of care in this regard and is committed to creating and supporting an environment and a culture free from harassment and abuse. The welfare of all individuals involved with World Rowing is paramount.

All forms of harassment and abuse constitute a violation of the World Rowing Code of Ethics, World Rowing Safeguarding Policy, and the International Olympic Committee (IOC) Code of Ethics. Thus, all behaviours and actions that constitute harassment and abuse will not be tolerated.

All MFs participating at the WRCH Shanghai 2025 must ensure that their delegations (including officials, coaches, and athletes) respect and follow the World Rowing Safeguarding Policy. They should refrain from any behaviour that constitutes any form of discrimination, abuse or harassment to others. They have a duty to report any concerns about or allegations of discrimination, abuse or poor practice via proper reporting channels.

Violation of the World Rowing Safeguarding Policy and Code of Ethics can result in formal disciplinary sanctions.

You can learn more information about the World Rowing Safeguarding Policy and Procedures from the following link: <u>Safeguarding - World Rowing</u>

World Rowing Development Team