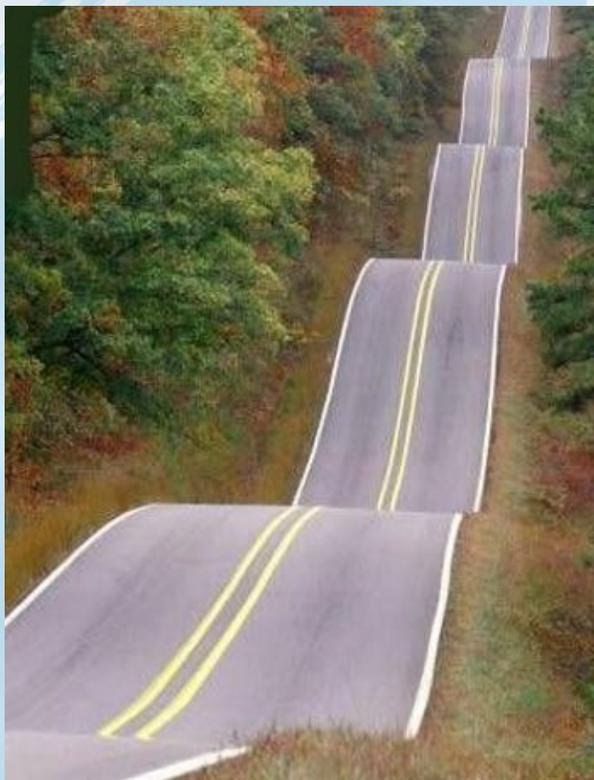




# Progression System

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**Nightmare for umpires and examinees!  
but there is some light**



**In this presentation we will review the progressions for:**

- **Classic Rowing**
- **Coastal Rowing Endurance and**
- **Coastal Rowing Beach Sprints**

**Indoor progressions are set by the type of event and provided in the Competition Notice**

# **Classic Rowing**

**Rule 58 and**

**Appendix R7 Bye-Laws to Rule 58**

**8-day Championships**

**4-day Championships**

**Rowing World Cup**



**New  
Progression  
System  
(2025)**

- World Rowing conducted a strategic review of the World Rowing event program that included revising the progression systems for classic rowing.
- The goals of the revised the progression system are:
  - Ensure that performance is rewarded;
  - There must be a ranking for all crews at World Rowing Events;
  - One progression system for all World Rowing Classic events World Championships (U19, U23, Senior, Paras) and World Cups;
  - Full field racing – all lanes used;
  - Crews, where possible, get a minimum of two race opportunities; and
  - Create a sustainable and exciting event.

- The principles used to develop the new progression system:
  - The top 2 places from each heat go to the next round;
  - The remaining places in the next round are filled with the fastest non-qualifying times from the heats;
  - Repechages are eliminated;
  - Quarterfinals will be held for the top 24 crews and semifinals for the top 12 crews;
  - All crews will have a final (except for one crew in each of the cases of 7, 13 and 25 entries)
  - Composition of lower level finals is based on times in the heats.
  - The determination as to which Quarterfinal and Semifinal a crew will go into is based on the places and times achieved in the previous round.

Entries	Heats	Progression	Quarterfinal	Semifinal	Final
1-6	1	6			A
7-12	2	2 from each H + 2 FT			A B*
13-18	3	2 from each H to SF + 6 FT		2	A B C*
19-24	4	2 from each H to SF + 4 FT		2	A B C D*
25-30	5	2 from each H to QF + 14 FT	4	2	A B C D E*
31-36	6	2 from each H to QF + 12 FT	4	2	A B C D E F*
37-42	7	2 from each H to QF + 10 FT	4	2	A B C D E F G*
43-48	8	2 from each H to QF + 8 FT	4	2	A B C D E F G H *
49-54	9	2 from each H to QF + 6 FT	4	2	A B C D E F G H I*
55-60	10	2 from each H to QF + 4 FT	4	2	A B C D E F G H I J*
61-66	11	2 from each H to QF + 2 FT	4	2	A B C D E F G H I J K*

## New Terminology/Abbreviations

### Crews advancing on place in the heats

- 1.1.H = Fastest 1<sup>st</sup> place in heats
- 3.2.H = 3<sup>rd</sup> fastest 2<sup>nd</sup> place in heats

### Crews advancing from heats based on time

- 6.HT = 6<sup>th</sup> fastest non place qualifying time
- 7.HT = 7<sup>th</sup> fastest non place qualifying time

### Crews qualifying for semifinals

- 1.1.Q = fastest 1<sup>st</sup> place in quarterfinals
- 4.1.Q = fourth fastest 1<sup>st</sup> place in quarterfinals

- 1.QT – fastest quarterfinal time of crews not in semifinal
- 2.QT – second fastest quarterfinal time of crews not in semi

- 15.HT – the 15<sup>th</sup> fastest crew from the heats (fastest crew not in quarterfinals)

Table for Case 5: 25 to 30 participating crews

Heats		Quarterfinals		Semifinals		Finals	
H		Q		S		F	
H1	1	Q1	1.1.H	S1	1.1.Q	FA	1.S1
	2		3.2.H		4.1.Q		1.S2
	3		4.2.H		1.2.Q		2.S1
	4		6.HT		4.2.Q		2.S2
	5		7.HT		1.3.Q		3.S1
	6		14.HT		4.3.Q		3.S2
H2	1	Q2	2.1.H	S2	2.1.Q	FB	4.S1
	2		2.2.H		3.1.Q		4.S2
	3		5.2.H		2.2.Q		5.S1
	4		5.HT		3.2.Q		5.S2
	5		8.HT		2.3.Q		6.S1
	6		13.HT		3.3.Q		6.S2
H3	1	Q3	3.1.H			FC	1.QT
	2		1.2.H				2.QT
	3		1.HT				3.QT
	4		4.HT				4.QT
	5		9.HT				5.QT
	6		12.HT				6.QT
H4	1	Q4	4.1.H			FD	7.QT
	2		5.1.H				8.QT
	3		2.HT				9.QT
	4		3.HT				10.QT
	5		10.HT				11.QT
	6		11.HT				12.QT
H5	1					FE	15.HT
	2						16.HT
	3						17.HT
	4						18.HT
	5						19.HT
	6						20.HT

- A proposed change for 2026 will revise the destinations of which race an advancing crews will be placed in.
  - The basic distribution is the 'snake pattern' Additional changes are made to:
    - Avoid having the winner of the fastest first places crew (1.1.H), the fastest second placed crew (1.2.H) and the first not qualified crew (1.HT), together in the same race
    - The sum of the ranks of the crews in each race must be the same

CASE 25-30						
QF1	1.1.H	5.1.H	4.2.H	6.HT	10.HT	14.HT
QF2	2.1.H	1.2.H	5.2.H	5.HT	9.HT	13.HT
QF3	3.1.H	2.2.H	1.HT	4.HT	8.HT	12.HT
QF4	4.1.H	3.2.H	2.HT	3.HT	7.HT	11.HT

CASE 25-30						
1	5	9	16	20	24	75
2	6	10	15	19	23	75
3	7	11	14	18	22	75
4	8	12	13	17	21	75

All semifinals after quarter finals.						
SF1	1.1.Q	3.1.Q	2.2.Q	4.2.Q	2.3.Q	3.3.Q
SF2	2.1.Q	4.1.Q	1.2.Q	3.2.Q	1.3.Q	4.3.Q

All semifinals after quarter finals.						
1	3	6	8	10	11	39
2	4	5	7	9	12	39

- **What does this mean for Umpires:**
  - **All** crews need to be “protected” → even the last crew in a heat may be able to advance on times;
  - Where there is interference in a heat
    - An umpire may need to consider not only the crews in the current race but all of the crews at the same level of round of the event
      - if the disadvantaged did not advance – would it have advanced based on time (i.e. was it faster than the last crew advancing based on time)?
    - When requiring a re-row:
      - the re-row may need to determine if a crew would have advanced on time;
      - Therefore, the re-row may involve crews from different heats

- **What does this mean for Umpires:**
  - **Boat Under Weight (BUW) in a heat;**
    - A crew with a BUW does not receive a time for the race
      - The crew will be ranked last in the event which affects how the crew progresses
      - If more than one boat is BUW then they are ranked in order of boat weights with the heaviest boat ranked above a lighter boat.

Note: The Executive Committee may designate alternative progressions for a specific event (e.g. no preliminary race at a World Cup for a mixed event where there are 6 or less entries and all athletes are racing/doubling in other events)

# **Coastal Rowing Endurance**

## **Rule RCE 12 and Bye-Law**

# COASTAL ROWING ENDURANCE PROGRESSION SYSTEM

- **Basic Principles:**
  - There are no marked lanes;
  - The maximum number of boats in each race is determined by how many boats can be accommodated on the Start line;
  - Progressions shall be determined by rankings and not times;
  - An equal number of boats in each heat;
  - An equal number of boats progress from each heat;
  - Minimum number of boats in each final should be 8 with the maximum based on boats and start space available;
  - For World Rowing Events:
    - Races should have a maximum of 18 boats;
    - National Federation rankings of each crew in an event maybe used to determine crews racing in initial rounds

# COASTAL ROWING ENDURANCE PROGRESSION SYSTEM

- **Case 1 – Up to 18 entries;**

Up to 18 entries	H1	1-18 → F
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- **Case 2 – 19-36 entries;**

19-36 entries	H1, H2	1-9 → FA, 10-18 → FB
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- Special case for 19 entries – last place crews in heats goes to FB

- **Case 3 – 37-54 entries;**

37-54 entries	H1, H2, H3	1-6 → FA, 7-12 → FB, 13 . . . Eliminated
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- Special case for 37 entries – the two fastest last place crews goes to FB
- Special case for 38 entries – the fastest last place crew goes to FB

- **Greater than 54 entries** – preliminary races may be held for the lowest NF rated crews to determine which will advance

# **Coastal Rowing Beach Sprints**

## **Rules RCB 12 and Bye-Law**

# COASTAL ROWING BEACH SPRINT PROGRESSION SYSTEM

- **The objective of the progression system is bring the number of crews down to the final 8 remaining crews (Final Eight)**
  - The Final Eight will be races will be conducted in 4 quarterfinals, 2 semifinals and a Bronze Medal Race (FB for rankings 3 and 4 ) and Gold Medal Race (FA for rankings 1 and 2)
- **Basic Principles:**
  - Once the final 8 has begun crews must be ready to race at there start time or they will have been deemed to have withdrawn (DNS) ;
  - The President of the Jury may make decisions in exceptional cases;
  - If a crew withdraws at least 30 minutes before the start of the first race of the Final Eight, the next ranked crew may be brought up to replace the withdrawn crew;
  - In the Final Eight if a crews opponent withdraws, the crew must still race over the course.

# COASTAL ROWING BEACH SPRINT PROGRESSION SYSTEM

- At most 6 rounds for Beach Sprints (depending on the number of entries)
    - Time Trial
      - The first round will always be a time trial
      - A time trial may also be used for the second round based the number on entries (more than 16 entries)
    - Knockout Round
    - Quarterfinals
    - Semifinals
    - Finals
      - Bronze Medal Race
      - Gold Medal Race
- } Final Eight

# COASTAL ROWING BEACH SPRINT PROGRESSION SYSTEM

- Number of Races for Each Round

Entries	Time Trial	Time Trial 2	Knockout Round	Quarterfinal	Semifinal	Gold/ Bronze Medal
3	1					1
4	1		2			2
5	1		1		2	2
6	1		2		2	2
7	1		3		2	2
8	1			4	2	2
9	1		1	4	2	2
10	1		2	4	2	2
11	1		3	4	2	2
12	1		4	4	2	2
13	1		5	4	2	2
14	1		6	4	2	2
15	1		7	4	2	2
16	1		8	4	2	2
17+	1	1	8	4	2	2

# COASTAL ROWING BEACH SPRINT PROGRESSION SYSTEM

Entries	Time Trial		Time Trial 2		Knockout Round		Quarterfinal		Semifinal		Gold/ Bronze Medal
	Races	Qual	Races	Qual	Races	Qual	Races	Qual	Races	Qual	Races
3	1	2									1
4	1	4			2	2					2
5	1	3			1	1			2	2	2
6	1	2			2	2			2	2	2
7	1	1			3	3			2	2	2
8	1	8					4	4	2	2	2
9	1	7			1	1	4	4	2	2	2
10	1	6			2	2	4	4	2	2	2
11	1	5			3	3	4	4	2	2	2
12	1	4			4	4	4	4	2	2	2
13	1	3			5	5	4	4	2	2	2
14	1	2			6	6	4	4	2	2	2
15	1	1			7	7	4	4	2	2	2
16	1	16			8	8	4	4	2	2	2
17+	1	8	1	8	8	8	4	4	2	2	2

Top Crews →
Remaining Crews →



# COASTAL ROWING BEACH SPRINT PROGRESSION SYSTEM

## PROGRESSION – 11 ENTRIES

6.TT = 6<sup>TH</sup> Place in  
Time Trial

1.R3 = 1<sup>st</sup> place in  
race R3

Round 1		Round 2		Round 3		Round 4		Round 5					
TIME TRIAL		KNOCKOUT		QUARTER FINALS		SEMI FINALS		FINALS					
		LAST 8											
TT	1	R1	6.TT	Q1	1.TT	S1	1.Q1	FA	1.SAB1				
			11.TT		1.R3		1.Q2		1.SAB2				
	2	R2	7.TT	Q2	4.TT	S2	1.Q3	FB	2.SAB1				
			10.TT		5.TT		1.Q4		2.SAB2				
	3	R3	8.TT	Q3	2.TT								
			9.TT		1.R2								
	4			Q4	3.TT								
					1.R1								
	5												
	6												
7													
8													
9													
10													
11													

# COASTAL ROWING BEACH SPRINT PROGRESSION SYSTEM

**PROGRESSION –  
16 ENTRIES**

Round 1		Round 2		Round 3		Round 4		Round 5			
TIME TRIAL		KNOCKOUT ROUND		QUARTER FINALS		SEMI FINALS		FINALS			
		LAST 16		LAST 8							
TT	1	K1	1.TT	Q1	1.K1	S1	1.Q1	FA	1.SAB1		
	2		16.TT				1.K8		1.Q2	1.SAB2	
	3	K2	2.TT	Q2	1.K2	S2	1.Q3	FB	2.SAB1		
	4		15.TT				1.K7		1.Q4	2.SAB2	
	5	K3	3.TT	Q3	1.K3						
	6		14.TT							1.K6	
	7	K4	4.TT	Q4	1.K4						
	8		13.TT							1.K5	
	9	K5	5.TT								
	10		12.TT								
	11	K6	6.TT								
	12		11.TT								
	13	K7	7.TT								
	14		10.TT								
	15	K8	8.TT								
	16		9.TT								

# COASTAL ROWING BEACH SPRINT PROGRESSION SYSTEM

## PROGRESSION – 17+ ENTRIES

TIME TRIAL 1		TIME TRIAL 2		KNOCKOUT ROUND		QUARTER FINALS		SEMI FINALS		FINALS		
				LAST 16		LAST 8						
T1	1	T2	9.T1	K1	1.TT1	Q1	1.K1	S1	1.Q1	FA	1.S	
	2		10.T1		8.TT2		1.K8		1.Q2		1.S	
	3		11.T1	K2	2.TT1	Q2	1.K2	S2	1.Q3	FB	2.S	
	4		12.T1		7.TT2		1.K7		1.Q4		2.S	
	5		13.T1	K3	3.TT1	Q3	1.K3					
	6		14.T1		6.TT2		1.K6					
	7		15.T1	K4	4.TT1	Q4	1.K4					
	8		16.T1		5.TT2		1.K5					
	9		17.T1	K5	5.TT1							
	10		18.T1		4.TT2							
	11	19.T1	K6	6.TT1								
	12	20.T1,...		3.TT2								
	13		K7	7.TT1								
	14			2.TT2								
	15		K8	8.TT1								
	16			1.TT2								
	17											
	18											
	19											
	20...											

# Questions?

**Thank you!**