

Rules and Regulations for European Rowing Indoor Championships (Proposals 2026)

These Rules and Regulations apply to European Rowing Indoor Championships.

They should be read in conjunction with the applicable European Rowing Rules of Racing and related Bye-Laws.

Where a matter arises not explicitly covered by these Rules and Regulations, those of World Rowing will apply.

European Rowing will follow all the rules, regulations and requirements set out in the World Rowing Indoor Rowing Rules, save that Executive Committee will generally be replaced by European Rowing Board, and World Rowing will generally be replaced with European Rowing (**WR Rule Book ROI 00 to 39**).

This concerns in particular:

ROI 2	Application
ROI 3	Eligibility and Right to Participate
ROI 4	Sex Eligibility
ROI 5	Safety and Health of competitors
ROI 6	Insurance
ROI 7	Commitment
ROI 8	Age Categories
ROI 9	Para Rowing Categories
ROI 10	Lightweights
ROI 12	World Rowing Indoor Championships Programme
ROI 13	Rowing Machines
Bye-laws to ROI 19	Commercial Publicity, Sponsorship, Advertising and Identifications
ROI 20	Safety
ROI 21	Progression System
ROI 22	The Draw and Determining the Assigning of Competitors to Machines
Bye-laws to ROI 23	Withdrawals and Change of Competitors
ROI 34	Protests

ROI 35 Appeals

ROI 37 Exceptional Cases

Any other departures in the requirements for the European Rowing Indoor Championships and departures from the World Rowing Indoor Rowing rules are highlighted below:

European Rowing Rules of Racing 2025	European Rowing Rules of Racing (proposals 2026)	Remarks
ROI 3 Eligibility	ROI 3 Eligibility	
	To compete in a European Rowing Indoor Championship, a rower shall be a citizen of the country for which they are competing.	<i>To be added</i>
ROI 36 Anti-Doping	ROI 36 Anti-Doping	
	European Rowing accepts and shall apply Rule 86 – Anti-Doping of the World Rowing Rules of Racing – and its Bye-Laws.	<i>To confirm that European Rowing is 100% behind the World Rowing Anti-Doping rules and procedures</i>
ROI 39 Concluding provisions	ROI 39 Concluding provisions	
	These Rules of Racing were approved effective immediately by the European Rowing Extraordinary General Assembly held in Varese, ITA on August 1, 2026.	
	<i>Asuncion Loriente, President European Rowing Patrick Rombaut, Vice-President European Rowing Morten Juel Hansen Dusan Machacek Jacomine Ravensbergen Eva Szanto Neville Tanzer, members European Rowing Board</i>	

Remark:

The European Rowing Regulations for European Rowing Indoor Championships will be published with the information of each specific European Rowing Coastal event.