



2026 World Rowing Americas Para
 Rowing training camp
 25 -30 October
 Ciudad de Mexico international
 regatta
 31 October-1 November 2026
 Ciudad de Mexico, Mexico
 Bulletin No. 1

Organising Committee (OC):
 Federación Mexicana de Remo
 Pista de Remo y Canotaje Virgilio Uribe,
 Av. Periferico Sur S/N, Col. Barrio 18, Del.
 Xochimilco, C.P. 16034
 Person of contact: Jesus Porras
 Email: fmremo@gmail.com

Introduction

World Rowing and the Mexican Rowing Federation (FMR) with support from COPARE and CONADE will host a Para Rowing training camp in Ciudad de Mexico in 2026 to help identify and train Para Rowing athletes from nations in the Americas. This training camp will finish with an international regatta.

The focus of this camp is to identify and train athletes who are able to compete in the Los Angeles 2028 Paralympic Games Qualification Regatta and support Para Rowing Programmes of developing nations in general, as a part of the lead up to Los Angeles 2028.

Continental Paralympic Qualifier

Based on the Paris 2024 Paralympic Rowing programme including the PR1 Men’s Single Sculls, the PR1 Women’s Single Sculls, the PR2 Mixed Double Sculls, the PR3 Mixed Coxed Four and the PR3 Mixed Double Sculls, the current proposal is to focus on some of these boat classes for continental development training camps. We are looking for athletes within the following events (PR1M1x, PR1W1x, PR3Mix2x).

We advise those Member Federations to attend the WR/ Americas Paralympic Committee Classification Webinars (17 June 2026, invitation to be released this week). Those who have not yet started talent ID work to reach out to your National Paralympic Committee or other sports which have para-athletes already and ask them if they want to try out for Para Rowing. Reaching out to organisations that treat people with impairments is another option to find talent (hospitals, army etc.).

All athletes must be able to swim by the time they come to the training camp. Novice swimmers should be assisted to work with the national swim federation for basic training.

Please do not hesitate to contact World Rowing if you have questions or need support.

More information can be found here: [Para-Rowing Classification - World Rowing](#)

Road to Los Angeles

World Rowing aims to grow Para Rowing in all continents and have athletes and coaches compete at the continental and world level. World Rowing will invite Para Rowing teams and support them in their development pathway towards Los Angeles 2028. Member Federations who accept this invitation must commit to develop the Para Rowing throughout this Paralympic cycle (keep the crews training and competing until Los Angeles 2028, invest into (further) developing their Para Rowing Programmes).

World Rowing will offer support through its development programme and IPC support

Programme - Para Rowing Education, Training and International Regatta

The activities will include a Para Rowing training camp, and a Para Rowing National Classification Workshop, ahead of the international Para Rowing regatta, as follows:

Arrival:	October 25, 2026
Training Camp	October 25 - 30, 2026
Workshop for classifiers and Classification*	October 28-30, 2026
2026 International Para Rowing Regatta	October 31-November 1, 2026
Departure (end of day)	November 1, 2026

*See separate bulletin for the National Classification Workshop



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The Ciudad de Mexico international Para Rowing regatta event will take place in the Pista de Remo y Canotaje Virgilio Uribe
Events offered are: PR1M1x, PR1W1x, PR3Mix2x

Funding

The programme has funding for a maximum of four athletes (2 male and 2 female) and one coach, for a maximum of 7 nights. There is a maximum number of nations and persons that can be funded. This number depends on the number and size of the teams and quality of all the applications sent by Member Federations. MFs are welcome to send more athletes and coaches at their own cost to take part in the training camp.

Funded MFs will receive:

- Airport pickup/drop off
- Accommodations in twin rooms, shared (check-in October 25, 2026, check-out November 1, 2026) maximum 7 nights' support
- Meals: breakfast, lunch, dinner
- Boats (max 2) during the training camp and regatta
- Support from World Rowing and FMR (Mexican Rowing Federation) coaches
- International Classification Panel
- Participation in the Ciudad de Mexico International Para Rowing Regatta at the conclusion of camp

Transport

Shuttle Bus Service

Arrival and departure transfer service will be provided on the 25th October and 1 or 2nd November only. Transfers outside of these dates will have a cost. Kindly contact the OC for more information.

A Shuttle bus service will operate connecting the regatta course and the official hotel from 25 October to 1 November 2026, according to the timetable. This will be available to all those taking part in training camp and the International Para Rowing Regatta.

The transport fee is included in the accommodation costs.

Accommodation

The Organising Committee has reserved the CONADE training centre accommodation, as the official facilities for the WR Para Rowing the training camp.

The cost of accommodation (including full board with all meals at the centre) and local transport is supported by World Rowing from 25th October and 1st November (up to 7 nights) for a maximum of five (5) participants per team, previously approved by the Member Federation (four para rowers, two (2) male and two (2) female, and one (1) para coach, male or female).

For additional participants, the cost of accommodation and local transport is 70 \$US/day/person in twin occupancy rooms as soon as agreed with the relevant facilities. Additional participants are encouraged to send their accommodation request well in advance. Accommodation must be booked through the Organising Committee via Contact person : Jesus Porras, Cel Phone : +52 5523127088

Email: fmremo@gmail.com

Copy: development@worldrowing.com



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Boats and Equipment

For participants approved by each MF and WR, equipment (maximum of two boats per nation) will be free of charge during the training and racing period.

The rental price of additional boats with oars per seat/per day is 30,00 €.

For equipment requests the information should be sent to the WR/OC by 26 June 2026.

Each team is highly recommended to bring their own sculls as all of these need to be painted on both sides in the colours of the respective federations.

All boats and other equipment must comply with World Rowing Rules of Racing.

Criteria

As places are limited, World Rowing will select the nations to invite to the camp following the below criteria:

Compulsory:

- The MF must register a team in Paralympic boat classes only, specifically the boat classes planned for the Continental Paralympic Qualification regatta
 - o PR1M1x or PR1W1x
 - o PR3Mix2x
- Each boat class requires different classified athletes and number in the boat.
A description of these sport classes can be found at the World Rowing webpage [Para-Rowing Classification - World Rowing](#)
- Commitment to a training programme and evidence of athletes and coaches participating in regular training.
- Athletes need to be able to swim in deep-water and perform a capsized drill. This will be tested at the camp.
- Commitment of the team to keep training until the 2028 Los Angeles Paralympic Games.
- Commitment to cover the travel costs (including international travel, insurance and all other travel costs)

In addition, World Rowing would like to recommend that your NF shares the following links for brief online learning opportunities with the athletes and coaches who will be taking part in this activity. The athletes and coaches should send the corresponding certificate to daniela.gomes@worldrowing.com

- Anti-doping (athletes):

[Athlete and Athlete Support Personnel Guide to the List 2026 \(English\)](#)

[Guía para el deportista y el personal de apoyo a los deportistas sobre la Lista de Prohibiciones 2026 \(Spanish\)](#)

[International-Level Athletes Education Program \(English\)](#)

[Programa de educación de deportistas de nivel internacional \(ILA Spanish\)](#)

- Anti-doping (coaches):



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[ADEL – Coaches of High Performance Education Programme](#) *(English)

[ADEL Refresher Course for Coaches of High Performance](#) (English), only in case the above course* is already completed)

[Programa de Educación para entrenadores de alto rendimiento \(Español\)](#)

[Curso de Actualización para entrenadores de deportistas de alto rendimiento \(Español\)](#), (solo en caso de que el curso anterior ya esté completado)

- Safeguarding (entourage)

[Safeguarding Essentials for Athletes' Entourage Members – World Rowing Academy](#) (please send an email to daniela.gomes@worldrowing.com to access the course for free)

Application

To ensure that the information for the activities are clear, we ask you to keep in touch with the Organising Committee (OC) and with World Rowing

Email:

fmremo@gmail.com

daniela.gomes@worldrowing.com

Please read this bulletin carefully.

Please complete the [Application Form](#) in full.

Applications must be submitted before **Friday 26 June 2026, 23:59 CET**.

Rules of racing

Racing will be run in accordance with the [World Rowing Rules of Racing](#).

According to RULE 24 Para Rowing Rowers may compete in a Para Rowing event if they have an Eligible Impairment and have been allocated an eligible Sport Class and Sport Class status under the Para Rowing Classification Regulations (Appendix R15). Rowers may compete in a more functional Sport Class than their assigned Sport Class, but not a less functional Sport Class. The categories and boat classes are defined in the Para Rowing Competition Regulations (Appendix R14 - Para Rowing Competition Regulations - Event Regulations And/or Departures from The World Rowing Rules Of Racing)

Safety and health of the rowers

Swimming ability

The ability to swim and stay afloat is essential for participants in water sports, such as rowing. The risk of tipping over or falling into the water in a rowboat can be dangerous if athletes are unable to stay afloat, and coaches need to be prepared.

Each rower taking part in the development programme shall ensure that they have a state of health and fitness which allows them to compete at a level commensurate with a world level event; and they have a basic swimming ability, including being able to swim 50m and keep their head above water unassisted for three minutes.



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Accordingly, prior to attending the Event, all national rowing federation officials need to verify athlete compliance with the safety and health of the rowers. Likewise, all rowers, unless they are athletes who are known to have already performed the capsized drill, must have completed the capsized drill with safe recovery.

Swim tests and capsized drills must be held in pools with at least two lifeguards present. World Rowing recommends that you contact your national swimming federation and ask for guidance, if necessary. Swim tests should never be conducted in open water. Each national federation is required to certify the swimming ability for each rower submitted to participate in a World Rowing development activity.

It is recommended that members of the federation carefully read the guidelines of the British federation on swimming competitions found in section 3.6 of RowSafe, available at the link below: [2026-RowSafe.pdf](#)

Please note that all rowers must have completed a pre-competition health screening as per the World Rowing rule book, by laws to rule 14 – safety and health of rowers.

Commitment Form

Rowers may only compete at the Ciudad de Mexico Americas International Para Rowing Regatta if they have submitted a signed commitment form. Each Team official must have submitted a [commitment form](#) before accreditation is issued.

Weather

For up to the minute weather please visit:

[Previsão meteorológica de 3 dias em Cidade Do México, Distrito Federal, México | AccuWeather](#)